# On some isoperimetric inequalities for the Newtonian capacity 

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#### Abstract

Upper bounds are obtained for the Newtonian capacity of compact sets in $\mathbb{R}^{d}, d \geq 3$ in terms of the perimeter of the $r$-parallel neighbourhood of $K$. For compact, convex sets in $\mathbb{R}^{d}, d \geq 3$ with a $C^{2}$ boundary the Newtonian capacity is bounded from above by $(d-2) M(K)$, where $M(K)>0$ is the integral of the mean curvature over the boundary of $K$ with equality if $K$ is a ball. For compact, convex sets in $\mathbb{R}^{d}, d \geq 3$ with non-empty interior the Newtonian capacity is bounded from above by $\frac{(d-2) P(K)^{2}}{d|K|}$ with equality if $K$ is a ball. Here $P(K)$ is the perimeter of $K$ and $|K|$ is its measure. A quantitative refinement of the latter inequality in terms of the Fraenkel asymmetry is also obtained. An upper bound is obtained for expected Newtonian capacity of the Wiener sausage in $\mathbb{R}^{d}, d \geq 5$ with radius $\varepsilon$ and time length $t$.


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## 1 Introduction

In this paper we consider maximisation problems involving Newtonian capacity (or logarithmic capacity if $d=2$ ). For a compact set $K \subset \mathbb{R}^{d}, d \geq 3$ we recall a definition of its Newtonian capacity $\operatorname{cap}(K)$ [16, p.293]:

$$
\begin{equation*}
\operatorname{cap}(K)=\inf \left\{\int_{\mathbb{R}^{d}}|D u|^{2}: u \geq \mathbf{1}_{K}, u \in D^{1}\left(\mathbb{R}^{d}\right) \cap C^{0}\left(\mathbb{R}^{d}\right)\right\} \tag{1}
\end{equation*}
$$

where $D^{1}\left(\mathbb{R}^{d}\right)$ is the collection of functions $f: \mathbb{R}^{d} \rightarrow \mathbb{R}$ with $f \in L_{\mathrm{loc}}^{1}\left(\mathbb{R}^{d}\right), D f \in L^{2}\left(\mathbb{R}^{d}\right)$, and which vanish at infinity. Here $f$ vanishes at infinity if for all $\varepsilon>0,|\{|f|>\varepsilon\}|<\infty$, where $|A|$ denotes the Lebesgue measure of a measurable set $A \subset \mathbb{R}^{d}$. The indicator function is denoted by 1..

We introduce the following notation. The boundary of $A$ is denoted by $\partial A$, the perimeter by $P(A)$, the closure by $\bar{A}$, the convex hull by $\operatorname{co}(A)$, and the $a$-dimensional Hausdorff measure by $\mathcal{H}^{a}(A)$ 7, p.61]. For a non-empty compact set $K$ we denote for $r>0$ its closed $r$-neighbourhood by

$$
K_{r}=\left\{x \in \mathbb{R}^{d}: d_{K}(x) \leq r\right\},
$$

where

$$
d_{K}(x)=\min \{|x-y|: y \in K\}, x \in \mathbb{R}^{d}
$$

is the distance to $K$ function. We denote by $C(K)$ the set of critical points of $d_{K}$. The parallel sets $K_{r}, r>0$ have been studied extensively in the literature. See for example [22, 8, 18, 19], and the references therein. It is known ([8, Theorem 4.1]) that $C(K)$ is a compact, countable subset of $[0, \infty)$. That theorem also implies that $K_{r}, r \in(0, \infty) \backslash C(K)$ is a Lipschitz manifold, and hence

$$
P\left(K_{r}\right)=H^{d-1}\left(\partial K_{r}\right), r \in[0, \infty) \backslash C(K)
$$

Furthermore in [18, Theorem 3.3] it was shown that

$$
\frac{d\left|K_{r}\right|}{d r}=H^{d-1}\left(\partial K_{r}\right), r \in[0, \infty) \backslash C(K)
$$

Finally in [22, Lemma 2, Lemma 5] it was shown that $\frac{d\left|K_{r}\right|}{d r}$ is continuous wherever it exists.
If $K$ is compact then $\mathbb{R}^{d} \backslash K$ is open and consists of a countable union of open components. Since $K$ is bounded there is precisely one unbounded component of its complement, which is denoted by $U_{K}$. Let $A_{K}$ be the union of all bounded components of the complement of $K$. Then $A_{K}$ is open, and $K=\mathbb{R}^{d} \backslash\left(A_{K} \cup U_{K}\right) \subset \mathbb{R}^{d} \backslash U_{K}:=\tilde{K}$. It is straightforward to show that $\tilde{K}=K \cup A_{K}$, and that $\operatorname{cap}(K)=\operatorname{cap}(\tilde{K})$.

If $K$ is compact and $\partial K$ is $C^{2}$, oriented by an outward unit normal vector field, then we denote the mean curvature map by $H: \partial K \rightarrow \mathbb{R}$, and define its integral by

$$
\begin{equation*}
M(K)=\int_{\partial K} H d \mathcal{H}^{d-1} \tag{2}
\end{equation*}
$$

Our main results are the following.
Theorem 1. Let $K$ be a non-empty compact set in $\mathbb{R}^{d}, d \geq 3$.
(i) If $\int_{(0, \infty)}\left(P\left(\tilde{K}_{t}\right)\right)^{-1} d t<\infty$, then

$$
\begin{equation*}
\operatorname{cap}(K) \leq\left(\int_{(0, \infty)}\left(P\left(\tilde{K}_{t}\right)\right)^{-1} d t\right)^{-1} \tag{3}
\end{equation*}
$$

with equality if $K$ is a closed ball.
(ii) If

$$
\lim _{s \downarrow 0} \int_{(s, \infty)}\left(P\left(\tilde{K}_{t}\right)\right)^{-1} d t=+\infty
$$

then $\operatorname{cap}(K)=0$.
(iii)

$$
\begin{equation*}
\operatorname{cap}(K) \leq \inf _{a>0} \frac{1}{a^{2}}\left|K_{a}\right| \tag{4}
\end{equation*}
$$

(iv) If $K$ is convex, and if $\partial K$ is $C^{2}$, then

$$
\begin{equation*}
\operatorname{cap}(K) \leq(d-2) M(K) \tag{5}
\end{equation*}
$$

with equality if $K$ is a closed ball.
It follows from (5) and the Aleksandrov-Fenchel inequalities (38), (35) below (for $k=2, j=$ $1, i=0)$, that

$$
\begin{equation*}
\operatorname{cap}(K) \leq \frac{(d-2)}{d} \frac{P(K)^{2}}{|K|} \tag{6}
\end{equation*}
$$

with equality if $K$ is any closed ball.

Theorem 2 below weakens the hypotheses under (iv), and quantifies (6) in terms of the Fraenkel asymmetry. The latter is a measure of how close $K$ is to a ball of the same measure as $K$. For a measurable set $\Omega \subset \mathbb{R}^{d}$ with $0<|\Omega|<\infty$ the Fraenkel asymmetry of $\Omega$ is the number

$$
\begin{equation*}
\mathcal{A}(\Omega)=\inf \left\{\frac{|\Omega \Delta B|}{|B|}: B \text { is a ball with }|B|=|\Omega|\right\} . \tag{7}
\end{equation*}
$$

Note that $0 \leq \mathcal{A}(\Omega)<2$ and that $\mathcal{A}(\Omega)=0$ if and only if $\Omega$ is a ball modulo a set of measure 0 .
It was shown in 9] and [10 that for $d=2,3, \ldots$ there exist constants $c_{d}>0$ such that for any compact, convex set $K \subset \mathbb{R}^{d}$ with $|K|>0$,

$$
\begin{equation*}
\frac{P(K)|K|^{-(d-1) / d}}{d \omega_{d}^{1 / d}}-1 \geq c_{d} \mathcal{A}^{2}(K) \tag{8}
\end{equation*}
$$

Theorem 2. If $K$ is compact and convex in $\mathbb{R}^{d}$, $d \geq 3$ with $|K|>0$ then

$$
1-\frac{d \operatorname{cap}(K)|K|}{(d-2) P(K)^{2}} \geq \gamma_{d} \mathcal{A}^{2}(K)
$$

where

$$
\gamma_{d}=\frac{\Gamma(d+1) \Gamma(d-1)}{\Gamma(2 d-2)+\Gamma(d) \Gamma(d-1)} \cdot \frac{c_{d}}{1+4 d c_{d}} \mathcal{A}^{2}(K)
$$

In [2] and 3] the authors obtain inequalities involving the Newtonian capacity and the torsional rigidity. Recall that the torsion function for a non-empty open set $\Omega \subset \mathbb{R}^{d}, d \geq 1$ with finite Lebesgue measure is the solution of

$$
\begin{equation*}
-\Delta v=1, \quad v \in H_{0}^{1}(\Omega) \tag{9}
\end{equation*}
$$

and is denoted by $v_{\Omega}$. It is convenient to extend $v_{\Omega}$ to all of $\mathbb{R}^{d}$ by putting $v_{\Omega}=0$ on $\mathbb{R}^{d} \backslash \Omega$. The torsion function is non-negative and bounded. Moreover if $\Omega_{1}, \Omega_{2}$ are open sets in $\mathbb{R}^{d}$, then

$$
\begin{equation*}
\Omega_{1} \subset \Omega_{2} \Rightarrow 0 \leq v_{\Omega_{1}} \leq v_{\Omega_{2}} \tag{10}
\end{equation*}
$$

The torsional rigidity of $\Omega$ (or torsion for short) is denoted by $T(\Omega)=\int_{\Omega} v_{\Omega}$. Hence (10) implies that

$$
\begin{equation*}
\Omega_{1} \subset \Omega_{2} \Rightarrow 0<T\left(\Omega_{1}\right) \leq T\left(\Omega_{2}\right) \tag{11}
\end{equation*}
$$

By (9) and the definition of $T(\Omega)$,

$$
\begin{equation*}
T(t \Omega)=t^{d+2} T(\Omega), t>0 \tag{12}
\end{equation*}
$$

where $t \Omega$ is a homothety of $\Omega$ by a factor $t$. The de Saint-Venant's inequality [12, p.206] asserts that

$$
\begin{equation*}
T(\Omega) \leq T\left(\Omega^{*}\right) \tag{13}
\end{equation*}
$$

where $\Omega^{*}$ is any ball in $\mathbb{R}^{d}$ with $|\Omega|=\left|\Omega^{*}\right|$. By (13) and scaling of Lebesgue measure,

$$
\begin{equation*}
\frac{T(\Omega)}{|\Omega|^{(d+2) / d}} \leq \frac{T\left(B_{1}\right)}{\left|B_{1}\right|^{(d+2) / d}}=\left(d(d+2) \omega_{d}^{2 / d}\right)^{-1} \tag{14}
\end{equation*}
$$

where $B_{1}$ is the open ball with radius 1 and measure $\omega_{d}$.
If $K, K_{1}, K_{2}$ are compact sets then

$$
\begin{equation*}
K_{1} \subset K_{2} \Rightarrow \operatorname{cap}\left(K_{1}\right) \leq \operatorname{cap}\left(K_{2}\right) \tag{15}
\end{equation*}
$$

and

$$
\begin{equation*}
\operatorname{cap}(t K)=t^{d-2} \operatorname{cap}(K), t>0 \tag{16}
\end{equation*}
$$

The classical isocapacitary lower bound

$$
\operatorname{cap}(K) \geq \operatorname{cap}\left(K^{*}\right)
$$

where $K^{*}$ is a closed ball with $|K|=\left|K^{*}\right|$, goes back to [17. It follows that

$$
\begin{equation*}
\frac{\operatorname{cap}(K)}{|K|^{(d-2) / d}} \geq \frac{\operatorname{cap}\left(\overline{B_{1}}\right)}{\left|\overline{B_{1}}\right|^{(d-2) / d}}=(d-2) d \omega_{d}^{2 / d} \tag{17}
\end{equation*}
$$

where $\overline{B_{1}}$ is the closed ball with radius 1 .
Let

$$
\begin{equation*}
G(\Omega)=\frac{T(\Omega) \operatorname{cap}(\bar{\Omega})}{|\Omega|^{2}} \tag{18}
\end{equation*}
$$

The functional in (18) is, by (16) and (12), scaling invariant. Fixing $|\Omega|=1$ we see that the capacity and torsion are competing: the torsion is, by (13), maximised by a ball with measure 1 , whereas the Newtonian capacity is, by (17), minimised for a ball with measure 1. Furthermore both torsion and Newtonian capacity are by (11) and (15) increasing set functions under inclusion. While the torsion is defined by a variational problem on $\Omega$, the Newtonian capacity of $\bar{\Omega}$ is defined by a variational problem on its complement. These facts make the study of the variational problems involving $G(\Omega)$ very different from the ones leading to the Faber-Krahn inequality or the Kohler-Jobin inequality for example.

In [2, Theorem 2(i)] it was shown that $G(\Omega)$ is not bounded from above on the class of nonempty open sets with finite measure, and in [2, Theorem 3(i), $q=1$ ] it was shown that there exists a sequence of convex sets $\left(\Omega_{j}\right)$ with $\lim _{j \rightarrow \infty} G\left(\Omega_{j}\right)=0$. So the only remaining case of interest is the maximisation of $G(\Omega)$ over the collection of convex sets.

In [2, Theorem 2(iii)] it was shown that the variational problem

$$
\begin{equation*}
\sup \left\{G(\Omega): \Omega \text { non-empty, open, bounded and convex in } \mathbb{R}^{d}\right\} \tag{19}
\end{equation*}
$$

has a maximiser for $d=3$. The existence of a maximiser of the variational problem in (19) for $d>3$ remains an open problem. It was shown in [3, Theorem 2(i)] that for any ellipsoid $E \subset \mathbb{R}^{d}$, $G(E) \leq G\left(B_{1}\right)$. This suggests that for any non-empty, open bounded convex set $\Omega, G(\Omega) \leq G\left(B_{1}\right)$.

Recall that

$$
\begin{equation*}
P(t \Omega)=t^{d-1} P(\Omega), t>0 \tag{20}
\end{equation*}
$$

For $d \geq 3$ and $0 \leq \alpha \leq 2$ we define the functional

$$
\begin{equation*}
G_{\alpha}(\Omega)=\frac{T(\Omega) \operatorname{cap}(\bar{\Omega})}{|\Omega|^{\alpha} P(\Omega)^{d(2-\alpha) /(d-1)}} \tag{21}
\end{equation*}
$$

By (16), (12) and (20), we see that $G_{\alpha}$ is scaling invariant. The functional interpolates between a perimeter and a measure constraint. The following was shown in [3, Theorem 6]:
(i) Let $\mathfrak{E}_{d}$ denote the collection of open ellipsoids in $\mathbb{R}^{d}$. If $d \geq 3$ and $0 \leq \alpha \leq 2$, then

$$
\begin{equation*}
\sup \left\{G_{\alpha}(\Omega): \Omega \in \mathfrak{E}_{d}\right\}=G_{\alpha}\left(B_{1}\right) \tag{22}
\end{equation*}
$$

and the supremum in the left-hand side of (222) is achieved if and only if $\Omega$ is a ball.
(ii) If $d \geq 3$ and $0 \leq \alpha \leq 2$, then

$$
\begin{equation*}
\sup \left\{G_{\alpha}(\Omega): \Omega \text { non-empty, open, bounded, convex in } \mathbb{R}^{d}\right\} \leq d^{2 d} G_{\alpha}\left(B_{1}\right) \tag{23}
\end{equation*}
$$

(iii) If $0 \leq \alpha<2$, then the variational problem in the left-hand side of (23) has a maximiser.

The presence of a perimeter term in the denominator of $G_{\alpha}$ guarantees the existence of a maximiser.
Theorem 3 below shows that $B_{1}$ is a maximiser for $G_{\alpha}$ among the collection of open bounded convex sets provided the exponent of the perimeter is not too small. Theorem 3 together with (i) and (iii) above suggest that $B_{1}$ is a maximiser of (21) for $0 \leq \alpha \leq 2$.
Theorem 3. If $d \geq 3$ and $0 \leq \alpha \leq \frac{2}{d}$, then
$\sup \left\{G_{\alpha}(\Omega): \Omega\right.$ non-empty, open, bounded, convex in $\left.\mathbb{R}^{d}\right\}=G_{\alpha}\left(B_{1}\right)$,
and any ball is a maximiser of $G_{\alpha}$.
This paper is organised as follows. In Section 2 below we prove Theorems 12 and 3. Section 3 concerns the analysis of some variational problems involving collections of open sets $\Omega \subset \mathbb{R}^{2}$ with torsion $T(\Omega)$, and logarithmic capacity cap $(\bar{\Omega})$. In Section 4 we give various examples and discuss the optimality for the bounds in Theorems 1 and [3]

## 2 Proofs of Theorems 1, 2 and 3

Proof of Theorem 11. The starting point of the proof of Theorem 1 goes back to Theorem 11 in [6] where the authors obtain, for convex bodies $K$, an upper bound for cap $(K)$ by restricting the test functions in (1) to those depending on $d_{K}$ only. The proof of Theorem(i) is organised as follows. In step (a) we restrict the class of test functions in (11) and derive, formally, a candidate for a test function. In step (b) we show that this function is well defined. In steps (c)-(e) we show that this function satisfies the constraints in (11), and is admissible. We then complete the proof of (i).
(a) Let $s>0$ be arbitrary, and let $\varphi=f\left(d_{\tilde{K}_{s}}\right)$, where $\tilde{K}=\mathbb{R}^{d} \backslash U_{K}$. Then

$$
|D \varphi|^{2}=\left(f^{\prime}\left(d_{\tilde{K}_{s}}\right)\right)^{2}\left|D d_{\tilde{K}_{s}}\right|^{2} \leq\left(f^{\prime}\left(d_{\tilde{K}_{s}}\right)\right)^{2} .
$$

By the coarea formula

$$
\begin{equation*}
\int_{\mathbb{R}^{d}}|D \varphi|^{2} \leq \int_{\mathbb{R}^{d}}\left(f^{\prime}\left(d_{\tilde{K}_{s}}\right)\right)^{2}=\int_{(0, \infty)}\left(f^{\prime}(r)\right)^{2} P\left(\tilde{K}_{s+r}\right) d r . \tag{24}
\end{equation*}
$$

Minimising, formally, over all smooth $f$ with $f(0)=1, f(\infty)=0$ gives $\left(f^{\prime}(r) P\left(\tilde{K}_{s+r}\right)\right)^{\prime}=0$. Hence $f^{\prime}(r) P\left(\tilde{K}_{s+r}\right)=c$ for some $c \in \mathbb{R}$. It follows that

$$
\begin{equation*}
f(r)=c \int_{(r, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t=c \int_{(r+s, \infty)}\left(P\left(\tilde{K}_{t}\right)\right)^{-1} d t \tag{25}
\end{equation*}
$$

Since $f(0)=1$ we find that

$$
\begin{equation*}
f(r)=\frac{\int_{(r, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t}{\int_{(0, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t} \tag{26}
\end{equation*}
$$

(b) Since $K \neq \emptyset$ it contains a point say 0 . Then $\overline{B(0 ; t)} \subset \tilde{K}_{t}$. Since $\overline{B(0 ; t)}$ is a convex subset of $\tilde{K}_{t}$,

$$
\begin{equation*}
P\left(\tilde{K}_{t}\right) \geq P\left(B_{1}\right) t^{d-1} \tag{27}
\end{equation*}
$$

and

$$
\begin{equation*}
P\left(\tilde{K}_{t}\right) \geq P\left(B_{1}\right)(r+s)^{d-1}, t \geq r+s \tag{28}
\end{equation*}
$$

Since $C(\tilde{K})$ is compact, $(r+s, \infty) \backslash C(\tilde{K})$ is open, and hence is a countable union of disjoint open intervals. By the properties of parallel sets mentioned in Section $1 \mapsto P\left(\tilde{K}_{t}\right)$ is continuous on $(r+s, \infty) \backslash C(\tilde{K})$. By (28), $P\left(\tilde{K}_{t}\right)$ is uniformly bounded away from 0 . Hence $t \mapsto\left(P\left(\tilde{K}_{t}\right)\right)^{-1}$ is continuous on $(r+s, \infty) \backslash C(\tilde{K})$. Since $C(\tilde{K})$ is countable it has measure 0 . This shows that the integral in the right-hand side of (25) is well-defined. To show that the integral in (25) converges we have, by (27), that

$$
\int_{(r, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t \leq\left((d-2) P\left(B_{1}\right)(s+r)^{d-2}\right)^{-1} \leq\left((d-2) P\left(B_{1}\right) s^{d-2}\right)^{-1}<\infty
$$

(c) To prove continuity we have by (26) and (27).

$$
\begin{aligned}
|\varphi(x)-\varphi(y)| & \leq\left|f\left(d_{\tilde{K}_{s}}(x)\right)-f\left(d_{\tilde{K}_{s}}(y)\right)\right| \\
& \leq \sup _{r \geq 0}\left|f^{\prime}(r)\right|\left|d_{\tilde{K}_{s}}(x)-d_{\tilde{K}_{s}}(y)\right| \\
& \leq \frac{\sup _{r \geq 0}\left(P\left(\tilde{K}_{s+r}\right)\right)^{-1}}{\int_{(0, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t}|x-y| \\
& \leq \frac{\left(d \omega_{d} s^{d-1}\right)^{-1}}{\int_{(0, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t}|x-y| .
\end{aligned}
$$

Hence $\varphi$ is uniformly continuous. This in turn implies that $f \in L_{\mathrm{loc}}^{1}\left(\mathbb{R}^{d}\right)$.
(d) To prove that $\varphi$ vanishes at infinity in the sense of $D^{1}\left(\mathbb{R}^{d}\right)$, we have by (27) and (26)

$$
\begin{equation*}
f(r) \leq \frac{\left((d-2) d \omega_{d} r^{d-2}\right)^{-1}}{\int_{(0, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t} \tag{29}
\end{equation*}
$$

By (29)

$$
\begin{align*}
\{\varphi>\varepsilon\} & =\left\{x \in \mathbb{R}^{d}: f\left(d_{\tilde{K}_{s}}(x)\right)>\varepsilon\right\} \\
& \subset\left\{x \in \mathbb{R}^{d}: d_{\tilde{K}_{s}}(x)<\left(\varepsilon(d-2) d \omega_{d} \int_{(0, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t\right)^{-1 /(d-2)}\right\} \tag{30}
\end{align*}
$$

Since $\tilde{K}_{s}$ is contained in a ball with radius $\operatorname{diam}\left(\tilde{K}_{s}\right)$, we have by (30) that the level set $\{\varphi>\varepsilon\}$ is contained in a ball with radius

$$
\operatorname{diam}\left(\tilde{K}_{s}\right)+\left((d-2) d \omega_{d} \varepsilon \int_{(0, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t\right)^{-1 /(d-2)}
$$

Hence this level set has finite measure.
(e) To see that $D \varphi \in L^{2}\left(\mathbb{R}^{d}\right)$ we compute by (24) and (26) that

$$
\begin{equation*}
\int_{\mathbb{R}^{d}}|D \varphi|^{2} \leq\left(\int_{(0, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t\right)^{-1}<\infty \tag{31}
\end{equation*}
$$

We conclude by (c)-(e) above that $\varphi \in D^{1}\left(\mathbb{R}^{d}\right) \cap C\left(\mathbb{R}^{d}\right)$, and hence is a test function. By (11) and (31),

$$
\begin{equation*}
\operatorname{cap}(K)=\operatorname{cap}(\tilde{K}) \leq \operatorname{cap}\left(\tilde{K}_{s}\right) \leq\left(\int_{(0, \infty)}\left(P\left(\tilde{K}_{s+t}\right)\right)^{-1} d t\right)^{-1}<\infty \tag{32}
\end{equation*}
$$

Since $s>0$ was arbitrary we arrive at (3). A direct computation gives equality for a ball. This completes the proof of Theorem 1 (i).
(ii) The assertion follows immediately from (32).
(iii) Let $a>0$ be arbitrary. Since $P\left(\tilde{K}_{t}\right) \leq P\left(K_{t}\right)$, we have by (3),

$$
\begin{equation*}
\operatorname{cap}(K) \leq\left(\int_{(0, \infty)}\left(P\left(K_{t}\right)\right)^{-1} d t\right)^{-1} \tag{33}
\end{equation*}
$$

By Cauchy-Schwarz and (33)

$$
\begin{aligned}
a=\int_{(0, a)} d t & \leq\left(\int_{(0, a)}\left(P\left(K_{t}\right)\right)^{-1} d t\right)^{1 / 2}\left(\int_{(0, a)} P\left(K_{t}\right) d t\right)^{1 / 2} \\
& \leq\left(\int_{(0, \infty)}\left(P\left(K_{t}\right)\right)^{-1} d t\right)^{1 / 2}\left|K_{a}\right|^{1 / 2} \\
& \leq \operatorname{cap}(K)^{-1 / 2}\left|K_{a}\right|^{1 / 2}
\end{aligned}
$$

This implies (4) since $a>0$ was arbitrary.
(iv) Steiner's formula for non-empty, compact and convex $K$ reads

$$
\begin{equation*}
\left|K_{r}\right|=\sum_{n=0}^{d}\binom{d}{n} W_{n}(K) r^{n} \tag{34}
\end{equation*}
$$

where the $W_{n}(K)$ are the Quermass integrals for $K$. See [20, Sections (4.1), (4.2) Chapter 4]. These Quermass integrals can be expressed in terms of integrals over the surface $\partial K$ of polynomials in the $d-1$ principal curvatures. In particular

$$
\begin{equation*}
W_{0}(K)=|K|, W_{1}(K)=d^{-1} P(K), W_{2}(K)=d^{-1} \int_{\partial K} H d \mathcal{H}^{d-1}, W_{d}(K)=\omega_{d} \tag{35}
\end{equation*}
$$

The right-hand side of (34) is differentiable. Hence

$$
\begin{equation*}
P\left(K_{r}\right)=\frac{d\left|K_{r}\right|}{d r}=\sum_{n=1}^{d} n\binom{d}{n} W_{n}(K) r^{n-1} . \tag{36}
\end{equation*}
$$

By the change of variable

$$
r=\frac{W_{1}(K)}{W_{2}(K)} \theta
$$

we obtain by (3) and (36)

$$
\begin{equation*}
\int_{(0, \infty)}\left(P\left(K_{r}\right)\right)^{-1} d r \geq \frac{1}{W_{2}(K)} \int_{(0, \infty)}\left(\sum_{n=1}^{d} n\binom{d}{n} \frac{W_{n}(K) W_{1}(K)^{n-2}}{W_{2}(K)^{n-1}} \theta^{n-1}\right)^{-1} d \theta \tag{37}
\end{equation*}
$$

The Aleksandrov-Fenchel inequalities [20, (7.66)] read

$$
\begin{equation*}
W_{j}(K)^{k-i} \geq W_{i}(K)^{k-j} W_{k}(K)^{j-i}, \quad 0 \leq i<j<k \leq d \tag{38}
\end{equation*}
$$

Let $j=2, i=1, k=n$ in (38). This gives

$$
\begin{equation*}
W_{n}(K) W_{1}(K)^{n-2} \leq W_{2}(K)^{n-1} \tag{39}
\end{equation*}
$$

By (37) and (39),

$$
\begin{aligned}
\int_{(0, \infty)}\left(P\left(K_{r}\right)\right)^{-1} d r & \geq \frac{1}{W_{2}(K)} \int_{(0, \infty)}\left(\sum_{n=1}^{d} n\binom{d}{n} \theta^{n-1}\right)^{-1} d \theta \\
& =\frac{1}{d(d-2) W_{2}(K)} \\
& =\frac{1}{(d-2) M(K)}
\end{aligned}
$$

where we have used (2) and (35). A direct computation gives equality for a ball. This proves (iv) by (3), and completes the proof of Theorem [1]
Proof of Theorem [圆, Let $r>0$. By Steiner's formula (34) applied to the compact, convex set $K_{r}$,

$$
\left|K_{r+s}\right|=\sum_{n=0}^{d}\binom{d}{n} W_{n}\left(K_{r}\right) s^{n}, s>0
$$

where the Quermass integrals $W_{n}\left(K_{r}\right)$ satisfy the Aleksandrov-Fenchel inequalities. By the change of variable

$$
s=\frac{W_{0}\left(K_{r}\right)}{W_{1}\left(K_{r}\right)} \theta
$$

we obtain

$$
\begin{equation*}
\int_{(0, \infty)} \frac{d s}{P\left(K_{r+s}\right)}=\frac{W_{0}\left(K_{r}\right)}{W_{1}\left(K_{r}\right)^{2}} \int_{(0, \infty)}\left(\sum_{n=1}^{d} n\binom{d}{n} \frac{W_{n}\left(K_{r}\right) W_{0}\left(K_{r}\right)^{n-1}}{W_{1}\left(K_{r}\right)^{n}} \theta^{n-1}\right)^{-1} d \theta \tag{40}
\end{equation*}
$$

We put $j=1, i=0, k=n$ in (38) to get that

$$
W_{1}(K)^{n} \geq W_{0}(K)^{n-1} W_{n}(K), 1 \leq n \leq d
$$

This together with (3), (35) and (40) gives

$$
\begin{align*}
\frac{P\left(K_{r}\right)^{2}}{\operatorname{cap}\left(K_{r}\right)\left|K_{r}\right|} & \geq d^{2} \int_{(0, \infty)}\left(\sum_{n=1}^{d-1} n\binom{d}{n} \theta^{n-1}+d \frac{W_{d}\left(K_{r}\right) W_{0}\left(K_{r}\right)^{d-1}}{W_{1}\left(K_{r}\right)^{d}} \theta^{d-1}\right)^{-1} d \theta \\
& =d \int_{(0, \infty)}\left((1+\theta)^{d-1}-\theta^{d-1}\left(1-\frac{W_{d}\left(K_{r}\right) W_{0}\left(K_{r}\right)^{d-1}}{W_{1}\left(K_{r}\right)^{d}}\right)\right)^{-1} d \theta \tag{41}
\end{align*}
$$

Since the integrand in the first line of (41) is positive, we have that

$$
\begin{equation*}
\theta^{d-1}\left(1-\frac{W_{d}\left(K_{r}\right) W_{0}\left(K_{r}\right)^{d-1}}{W_{1}\left(K_{r}\right)^{d}}\right)<(1+\theta)^{d-1} \tag{42}
\end{equation*}
$$

By (42)

$$
\begin{align*}
\frac{P\left(K_{r}\right)^{2}}{\operatorname{cap}\left(K_{r}\right)\left|K_{r}\right|} & \geq d \int_{(0, \infty)}(1+\theta)^{1-d}\left(1-\frac{\theta^{d-1}}{(1+\theta)^{d-1}}\left(1-\frac{W_{d}\left(K_{r}\right) W_{0}\left(K_{r}\right)^{d-1}}{W_{1}\left(K_{r}\right)^{d}}\right)\right)^{-1} d \theta \\
& \geq d \int_{(0, \infty)}(1+\theta)^{1-d}\left(1+\frac{\theta^{d-1}}{(1+\theta)^{d-1}}\left(1-\frac{W_{d}\left(K_{r}\right) W_{0}\left(K_{r}\right)^{d-1}}{W_{1}\left(K_{r}\right)^{d}}\right)\right) d \theta \\
& =\frac{d}{d-2}+\frac{\Gamma(d+1) \Gamma(d-2)}{\Gamma(2 d-2)}\left(1-\frac{W_{d}\left(K_{r}\right) W_{0}\left(K_{r}\right)^{d-1}}{W_{1}\left(K_{r}\right)^{d}}\right) \tag{43}
\end{align*}
$$

where we have used [11, 3.194.3].
By (35) and (8)

$$
\begin{align*}
\frac{W_{d}\left(K_{r}\right) W_{0}\left(K_{r}\right)^{d-1}}{W_{1}\left(K_{r}\right)^{d}} & =\left(d \omega_{d}^{1 / d}\left|K_{r}\right|^{(d-1) / d} P\left(K_{r}\right)^{-1}\right)^{d} \\
& \leq\left(\frac{1}{1+c_{d} \mathcal{A}^{2}\left(K_{r}\right)}\right)^{d} \\
& \leq \frac{1}{1+d c_{d} \mathcal{A}^{2}\left(K_{r}\right)} \\
& \leq 1-\frac{d c_{d} \mathcal{A}^{2}\left(K_{r}\right)}{1+4 d c_{d}} \tag{44}
\end{align*}
$$

where we have used that the Fraenkel asymmetry is bounded from above by 2. By (43) and (44),

$$
\begin{equation*}
\frac{P\left(K_{r}\right)^{2}}{\operatorname{cap}\left(K_{r}\right)\left|K_{r}\right|} \geq \frac{d}{d-2}+\frac{\Gamma(d+1) \Gamma(d-2)}{\Gamma(2 d-2)} \frac{d c_{d}}{1+4 d c_{d}} \mathcal{A}^{2}\left(K_{r}\right) \tag{45}
\end{equation*}
$$

Rewriting (45) as

$$
\begin{equation*}
1-\frac{d \operatorname{cap}\left(K_{r}\right)\left|K_{r}\right|}{(d-2) P\left(K_{r}\right)^{2}} \geq \frac{C}{1+C} \tag{46}
\end{equation*}
$$

gives

$$
\begin{align*}
C & =\frac{\Gamma(d) \Gamma(d-1)}{\Gamma(2 d-2)} \frac{d c_{d}}{1+4 d c_{d}} \mathcal{A}^{2}\left(K_{r}\right) \\
& \leq \frac{\Gamma(d) \Gamma(d-1)}{\Gamma(2 d-2)} . \tag{47}
\end{align*}
$$

By (46) and (47)

$$
\begin{equation*}
1-\frac{d \operatorname{cap}\left(K_{r}\right)\left|K_{r}\right|}{(d-2) P\left(K_{r}\right)^{2}} \geq \frac{\Gamma(d+1) \Gamma(d-1)}{\Gamma(2 d-2)+\Gamma(d) \Gamma(d-1)} \cdot \frac{c_{d}}{1+4 d c_{d}} \mathcal{A}^{2}\left(K_{r}\right) \tag{48}
\end{equation*}
$$

By monotonicity cap $\left(K_{r}\right) \geq \operatorname{cap}(K)$, and $\left|K_{r}\right| \geq|K|$. So (48) implies

$$
1-\frac{d \operatorname{cap}(K)|K|}{(d-2) P\left(K_{r}\right)^{2}} \geq \frac{\Gamma(d+1) \Gamma(d-1)}{\Gamma(2 d-2)+\Gamma(d) \Gamma(d-1)} \cdot \frac{c_{d}}{1+4 d c_{d}} \mathcal{A}^{2}\left(K_{r}\right) .
$$

By [4. 2.4.1-2.4.3] we have that $\lim _{r \downarrow 0} P\left(K_{r}\right)=P(K)$. It therefore suffices to show the following.
Lemma 4. If $K$ is a compact, convex set with non-empty interior, then

$$
\begin{equation*}
\lim _{r \downarrow 0} \mathcal{A}\left(K_{r}\right)=\mathcal{A}(K) \tag{49}
\end{equation*}
$$

The straightforward proof is included for completeness.
Proof. If $\mathcal{A}(K)=0$ then $K$ is a ball, and so is $K_{r}$. Then $\mathcal{A}\left(K_{r}\right)=0$, and there is nothing to prove. Suppose $\mathcal{A}(K)>0$. To prove the lemma we let $B_{r}$ be the ball which minimises the right-hand side of (7) with $\Omega=K_{r}$, and let 0 be its centre. We denote by $B_{0}$ the ball with that same centre 0 , and measure $|K|$. We have by (7),

$$
\begin{align*}
\mathcal{A}(K) & \leq \frac{\left|K \Delta B_{0}\right|}{\left|B_{0}\right|} \leq \frac{\left|K_{r} \Delta B_{0}\right|}{\left|B_{0}\right|}+\frac{\left|K_{r} \backslash K\right|}{\left|B_{0}\right|} \\
& \leq \frac{\left|K_{r} \Delta B_{r}\right|}{\left|B_{0}\right|}+\frac{\left|K_{r} \backslash K\right|}{\left|B_{0}\right|}+\frac{\left|B_{r} \backslash B_{0}\right|}{\left|B_{0}\right|} \\
& =\mathcal{A}\left(K_{r}\right)+\mathcal{A}\left(K_{r}\right)\left(\frac{\left|B_{r}\right|}{\left|B_{0}\right|}-1\right)+\frac{\left|K_{r} \backslash K\right|}{\left|B_{0}\right|}+\frac{\left|B_{r} \backslash B_{0}\right|}{\left|B_{0}\right|} \\
& \leq \mathcal{A}\left(K_{r}\right)+\frac{4\left|K_{r} \backslash K\right|}{|K|} \tag{50}
\end{align*}
$$

where we have used that $\left|K_{r}\right|=\left|B_{r}\right|,|K|=\left|B_{0}\right|$, and that $\mathcal{A}\left(K_{r}\right) \leq 2$ in the last line of (50).
We now let $B_{0}^{\prime}$ be the ball which minimises the right-hand side of (7) with $\Omega=K$, and let 0 be its centre. We denote by $B_{r}^{\prime}$ the ball with that same centre 0 and measure $\left|K_{r}\right|$. We have by (77)

$$
\begin{align*}
\mathcal{A}\left(K_{r}\right) & \leq \frac{\left|K_{r} \Delta B_{r}^{\prime}\right|}{\left|B_{r}^{\prime}\right|} \leq \frac{\left|K_{r} \Delta B_{r}^{\prime}\right|}{\left|B_{0}^{\prime}\right|} \\
& \leq \frac{\left|K \Delta B_{r}^{\prime}\right|}{\left|B_{0}^{\prime}\right|}+\frac{\left|K_{r} \backslash K\right|}{|K|} \\
& \leq \frac{\left|K \Delta B_{0}^{\prime}\right|}{\left|B_{0}^{\prime}\right|}+\frac{\left|K_{r} \backslash K\right|}{|K|}+\frac{\left|B_{r}^{\prime} \backslash B_{0}^{\prime}\right|}{\left|B_{0}^{\prime}\right|} \\
& =\mathcal{A}(K)+\frac{2\left|K_{r} \backslash K\right|}{|K|} \tag{51}
\end{align*}
$$

By (50) and (51) we find that

$$
\begin{equation*}
\left|\mathcal{A}\left(K_{r}\right)-\mathcal{A}(K)\right| \leq \frac{4\left|K_{r} \backslash K\right|}{|K|} \tag{52}
\end{equation*}
$$

By [4, 2.4.1-2.4.3] we have that $\lim _{r \downarrow 0}\left|K_{r}\right|=|K|$. This, together with (52), gives (49).
This completes the proof of Theorem 2
Proof of Theorem 3. By Theorem 2 and definition (21)

$$
\begin{align*}
G_{\alpha}(\Omega) & \leq \frac{d-2}{d} \frac{T(\Omega)}{|\Omega|^{(d+2) / d}} \frac{|\Omega|^{(2-\alpha d) / d}}{P(\Omega)^{(2-\alpha d) /(d-1)}} \\
& \leq \frac{d-2}{d} \frac{T\left(B_{1}\right)}{\left|B_{1}\right|^{(d+2) / d}} \frac{\left|B_{1}\right|^{(2-\alpha d) / d}}{P\left(B_{1}\right)^{(2-\alpha d) /(d-1)}} \\
& =G_{\alpha}\left(B_{1}\right) . \tag{53}
\end{align*}
$$

We have used the de Saint-Venant's inequality (14) for the first fraction in the right-hand side of (53), the isoperimetric inequality for the second fraction, and definition (21) for the last equality.

## 3 Logarithmic capacity

In this section we denote by cap $(\cdot)$ the logarithmic capacity, defined on the class of compact sets in $\mathbb{R}^{2}$, and recall its definition below. Let $\mu$ be a probability measure supported on $K$, and let

$$
I(\mu)=\iint_{K \times K} \log \left(\frac{1}{|x-y|}\right) \mu(d x) \mu(d y)
$$

Furthermore let

$$
V(K)=\inf \{I(\mu): \mu \text { a probability measure on } K\}
$$

The logarithmic capacity of $K$ is denoted by cap $(K)$, and is the non-negative real number cap $(K)=$ $e^{-V(K)}$.

The logarithmic capacity is an increasing set function, and satisfies (15) for compact sets $K_{1}$ and $K_{2}$ in $\mathbb{R}^{2}$. For an ellipsoid with semi-axes $a_{1}$ and $a_{2}$,

$$
\operatorname{cap}(\overline{E(a)})=\frac{1}{2}\left(a_{1}+a_{2}\right)
$$

See 14 .
Let $d=2,0 \leq \alpha \leq \frac{3}{2}$, and let

$$
H_{\alpha}(\Omega)=\frac{T(\Omega)^{1 / 2} \operatorname{cap}(\bar{\Omega})}{|\Omega|^{\alpha} P(\Omega)^{3-2 \alpha}}
$$

Then $H_{\alpha}$ is scaling invariant. The following results were obtained in [3, Theorem 7]:
(i) Let $\mathfrak{E}_{2}$ denote the collection of open ellipses in $\mathbb{R}^{2}$. If $0 \leq \alpha \leq \frac{3}{2}$, then

$$
\begin{equation*}
\sup \left\{H_{\alpha}(\Omega): \Omega \in \mathfrak{E}_{2}\right\}=H_{\alpha}\left(B_{1}\right) \tag{54}
\end{equation*}
$$

and the supremum in the left-hand side of (54) is achieved if and only if $\Omega$ is a ball.
(ii) If $0 \leq \alpha \leq \frac{3}{2}$, then

$$
\begin{equation*}
\sup \left\{H_{\alpha}(\Omega): \Omega \text { non-empty, open, bounded, convex }\right\} \leq 2^{2 \alpha} \pi^{3-2 \alpha} H_{\alpha}\left(B_{1}\right) \tag{55}
\end{equation*}
$$

(iii) If $0 \leq \alpha<\frac{3}{2}$, then the variational problem in the left-hand side of (55) has a maximiser. If $\Omega_{\alpha}$ is any such maximiser, then

$$
\begin{equation*}
\frac{\operatorname{diam}\left(\Omega_{\alpha}\right)}{\rho\left(\Omega_{\alpha}\right)} \leq 2^{(3+2 \alpha) /(3-2 \alpha)} \pi^{2} \tag{56}
\end{equation*}
$$

where $\rho(\cdot)$ denotes the inradius.
(iv) If $\alpha=0$, then the variational problem

$$
\sup \left\{H_{0}(\Omega): \Omega \text { open, bounded, connected, } 0<|\Omega|<\infty\right\}
$$

has a maximiser. Any such maximiser is also a maximiser of (55) for $\alpha=0$, and henceforth satisfies (56).

The main result of this section is the following.
Theorem 5. If $d=2$, then

$$
\begin{equation*}
\sup \left\{\frac{T(\Omega) \operatorname{cap}(\bar{\Omega})}{P(\Omega)^{5}}: \Omega \text { non-empty, open, bounded, connected }\right\}=\frac{T\left(B_{1}\right) \operatorname{cap}\left(\overline{B_{1}}\right)}{P\left(B_{1}\right)^{5}} \tag{57}
\end{equation*}
$$

and $B_{1}$ is a maximiser of the left-hand side of (57).
Proof. We have

$$
\begin{align*}
\frac{T\left(B_{1}\right) \operatorname{cap}\left(\overline{B_{1}}\right)}{P\left(B_{1}\right)^{5}} & \leq \sup \left\{\frac{T(\Omega) \operatorname{cap}(\bar{\Omega})}{P(\Omega)^{5}}: \Omega \text { non-empty, open, bounded, connected }\right\} \\
& =\sup \left\{\frac{\operatorname{cap}(\bar{\Omega})}{P(\Omega)} \frac{|\Omega|^{2}}{P(\Omega)^{4}} \frac{T(\Omega)}{|\Omega|^{2}}: \Omega \text { non-empty, open, bounded, connected }\right\} \\
& \leq \sup \left\{\frac{\operatorname{cap}(\bar{\Omega})}{P(\Omega)} \frac{\left|B_{1}\right|^{2}}{P\left(B_{1}\right)^{4}} \frac{T\left(B_{1}\right)}{\left|B_{1}\right|^{2}}: \Omega \text { non-empty, open, bounded, connected }\right\} \tag{58}
\end{align*}
$$

where we have used in the final inequality in (58) the isoperimetric inequality, and the de SaintVenant's inequality respectively. It is clear that $\Omega$ is contained in the closure of its convex hull $\overline{\operatorname{co}(\Omega)}$. Hence $\operatorname{cap}(\bar{\Omega}) \leq \operatorname{cap}(\overline{\operatorname{co}(\Omega)})$. Furthermore since $\Omega$ is connected $P(\Omega) \geq P(\overline{\operatorname{co}(\Omega)})$. By inequality [17. Table 1.21, Formula 12] we have for any bounded convex set $A \subset \mathbb{R}^{2}$,

$$
\begin{equation*}
\frac{\operatorname{cap}(\bar{A})}{P(A)} \leq \frac{\operatorname{cap}\left(\overline{B_{1}}\right)}{P\left(B_{1}\right)} \tag{59}
\end{equation*}
$$

Applying (59) to the convex set $\overline{\operatorname{co}(\Omega)}$, and using (58) we arrive at (57).

## 4 Examples and Optimality

The example below shows that there exist compact sets $K \subset \mathbb{R}^{3}$ with cap $(K)=0$ for which the right-hand side of (3) is strictly positive. It is straightforward to find such examples for $d>3$.

Proposition 6. Let $\alpha>0$, let $n \in \mathbb{N}$, and let $K(\alpha) \subset \mathbb{R}^{3}$ be given by

$$
K(\alpha)=\left(\bigcup_{n \in \mathbb{N}}\left\{\left(n^{-\alpha}, 0\right)\right\} \cup\{(0,0)\}\right) \times[0,1] .
$$

(i) $K(\alpha)$ is a compact subset of $[0,1]^{3}$ with $\operatorname{cap}(K(\alpha))=0$.
(ii) If $\alpha>0$ then

$$
\begin{equation*}
\left(\int_{(0, \infty)}\left(P\left(K(\alpha)_{r}\right)\right)^{-1} d r\right)^{-1} \geq \frac{4 \pi \alpha}{2^{\alpha+2}+3 \alpha(\alpha+1)} \tag{60}
\end{equation*}
$$

Proof. (i) Since $K(\alpha)$ is a countable union of line segments in $\mathbb{R}^{3}$, $\operatorname{cap}(K(\alpha))=0$.
(ii) Let

$$
\begin{equation*}
r^{*}=\frac{\alpha}{2^{\alpha+2}} \tag{61}
\end{equation*}
$$

We wish to obtain a lower bound for $P\left(K(\alpha)_{r}\right)$. For $r \geq r^{*}$ we use that $P\left(K(\alpha)_{r}\right) \geq 4 \pi r^{2}$, and find by (61) that

$$
\begin{equation*}
\int_{\left(r^{*}, \infty\right)}\left(P\left(K(\alpha)_{r}\right)\right)^{-1} d r \leq \frac{1}{4 \pi r^{*}}=\frac{2^{\alpha}}{\pi \alpha} \tag{62}
\end{equation*}
$$

To obtain a lower bound for $P\left(K(\alpha)_{r}\right)$ for $0<r \leq r^{*}$ we consider all pairs of line segments which are at least distance $2 r$ apart. The distance between line segments with $x_{1}=n^{-\alpha}$ and $x_{1}=(n+1)^{-\alpha}$ is bounded from below by

$$
n^{-\alpha}-(n+1)^{-\alpha} \geq \alpha(n+1)^{-\alpha-1}
$$

So if $2 r \leq \alpha(n+1)^{-\alpha-1}$ then all line segments with $x_{1} \geq n^{-\alpha}$ contribute at least $2 \pi r$ to the perimeter. There are at least $n_{r}$ of such line segments, where

$$
n_{r}=\left[\left(\frac{\alpha}{2 r}\right)^{1 /(\alpha+1)}\right]-1
$$

and where [.] denotes the integer part. Hence

$$
P\left(K(\alpha)_{r}\right) \geq 2 \pi r\left(\left[\left(\frac{\alpha}{2 r}\right)^{1 /(\alpha+1)}\right]-1\right)
$$

For all $x \geq 2$ we have $[x]-1 \geq \frac{x}{3}$. The choice in (61) implies that

$$
\left[\left(\frac{\alpha}{2 r}\right)^{1 /(\alpha+1)}\right]-1 \geq \frac{1}{3}\left(\frac{\alpha}{2 r}\right)^{1 /(\alpha+1)}, 0 \leq r \leq r^{*}
$$

Hence

$$
P\left(K(\alpha)_{r}\right) \geq \frac{2 \pi}{3}\left(\frac{\alpha}{2}\right)^{1 /(\alpha+1)} r^{\frac{\alpha}{\alpha+1}}, 0<r \leq r^{*}
$$

and by (61)

$$
\begin{align*}
\int_{\left(0, r^{*}\right)}\left(P\left(K(\alpha)_{r}\right)\right)^{-1} d r & \leq \frac{3}{2 \pi}\left(\frac{2}{\alpha}\right)^{1 /(\alpha+1)}(1+\alpha)\left(r^{*}\right)^{1 /(1+\alpha)} \\
& =\frac{3}{4 \pi}(1+\alpha) \tag{63}
\end{align*}
$$

By (62) and (63)

$$
\int_{(0, \infty)}\left(P\left(K(\alpha)_{r}\right)\right)^{-1} d r \leq \frac{2^{\alpha}}{\pi \alpha}+\frac{3}{4 \pi}(1+\alpha)
$$

This implies (60).
Below we show that the maximisation of $|K|^{\alpha}$ cap $(K)$ over all compact, convex sets in $\mathbb{R}^{d}, d \geq 3$ with given perimeter leads either to a restatement of (6) for $\alpha \geq 1$, or an infinite supremum for $0<\alpha<1$. So the exponent 1 of $|K|$ in the variational problem

$$
\sup \left\{\frac{|K| \operatorname{cap}(K)}{P(K)^{2}}: K \text { non-empty, compact, convex in } \mathbb{R}^{d}\right\}
$$

is optimal. The statement under (6) asserts that $\overline{B_{1}}$ is a maximiser.
Define for $\alpha>0$ the scaling invariant functional

$$
\begin{equation*}
J_{\alpha}(K)=\frac{|K|^{\alpha} \operatorname{cap}(K)}{P(K)^{(d \alpha+d-2) /(d-1)}} . \tag{64}
\end{equation*}
$$

Proposition 7. (i) If $d \geq 3$ and $\alpha \geq 1$, then

$$
\sup \left\{J_{\alpha}(K): K \text { non-empty, compact, convex in } \mathbb{R}^{d}\right\}=J_{\alpha}\left(B_{1}\right)
$$

so that $\overline{B_{1}}$ is a maximiser of the left-hand side of (64).
(ii) If $d \geq 3$ and $0<\alpha<1$, then

$$
\sup \left\{J_{\alpha}(K): K \text { non-empty, compact, convex in } \mathbb{R}^{d}\right\}=+\infty .
$$

Proof. To prove (i) we rewrite $J_{\alpha}$ as follows:

$$
\begin{equation*}
J_{\alpha}(K)=\frac{|K| \operatorname{cap}(K)}{P(K)^{2}}\left(\frac{|K|}{P(K)^{d /(d-1)}}\right)^{\alpha-1} \tag{65}
\end{equation*}
$$

The first term in the right-hand side of (65) is, by Theorem 2, bounded for compact, convex sets in $\mathbb{R}^{d}$ by $\left.\frac{\left|\overline{B_{1}}\right| \text { cap }}{P\left(\overline{B_{1}}\right)^{2}}\right)$. The second term in the right-hand side of (65) is bounded from above by the isoperimetric inequality, $\left(\frac{\left|\overline{B_{1}}\right|}{P\left(\overline{B_{1}}\right)^{d /(d-1)}}\right)^{\alpha-1}$. This proves the assertion under (i).

To prove (ii) we consider the open ellipsoid $E_{\varepsilon}$ with $d-2$ semi-axes of length 1 and 2 semi-axes of length $\varepsilon$, where $0<\varepsilon<1$ is arbitrary. We have that

$$
\begin{equation*}
\left|E_{\varepsilon}\right|=\omega_{d} \varepsilon^{2} \tag{66}
\end{equation*}
$$

Since $E_{\varepsilon}$ is contained in the cuboid $(-\varepsilon, \varepsilon) \times(-\varepsilon, \varepsilon) \times(-1,1)^{d-2}$ we have that

$$
\begin{equation*}
P\left(E_{\varepsilon}\right) \leq P\left((-\varepsilon, \varepsilon) \times(-\varepsilon, \varepsilon) \times(-1,1)^{d-2}\right) \leq d 2^{d} \varepsilon . \tag{67}
\end{equation*}
$$

Let $E(a)$, with $a=\left(a_{1}, a_{2}, \ldots, a_{d}\right) \in \mathbb{R}_{+}^{d}$, be the ellipsoid

$$
E(a)=\left\{x \in \mathbb{R}^{d}: \sum_{i=1}^{d} \frac{x_{i}^{2}}{a_{i}^{2}}<1\right\} .
$$

It was reported in [13, p.260] that the Newtonian capacity of an ellipsoid was computed in 5, Volume 8, p.30]. The formula there is for a three-dimensional ellipsoid, and is given in terms of an elliptic integral. It extends to all $d \geq 3$, and reads

$$
\begin{equation*}
\operatorname{cap}(\overline{E(a)})=2 d \omega_{d \mathfrak{e}}(a)^{-1} \tag{68}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathfrak{e}(a)=\int_{0}^{\infty} d t\left(\prod_{i=1}^{d}\left(a_{i}^{2}+t\right)\right)^{-1 / 2} \tag{69}
\end{equation*}
$$

In [3), (68) and (69) were used to obtain upper bounds on the capacity of an ellipsoid. Below we bound $\mathfrak{e}(a)$ from above to obtain a lower bound for $\operatorname{cap}\left(\overline{E_{\varepsilon}}\right)$.

$$
\begin{align*}
\operatorname{cap}\left(\overline{E_{\varepsilon}}\right) & =2 d \omega_{d}\left(\int_{0}^{\infty}(1+t)^{-(d-2) / 2}\left(\varepsilon^{2}+t\right)^{-1} d t\right)^{-1} \\
& \geq 2 d \omega_{d}\left(\int_{0}^{\infty}(1+t)^{-1 / 2}\left(\varepsilon^{2}+t\right)^{-1} d t\right)^{-1} \\
& =2 d \omega_{d}\left(1-\varepsilon^{2}\right)^{1 / 2}\left(\log \left(\frac{1+\left(1-\varepsilon^{2}\right)^{1 / 2}}{1-\left(1-\varepsilon^{2}\right)^{1 / 2}}\right)\right)^{-1} \\
& \geq d \omega_{d}\left(1-\varepsilon^{2}\right)^{1 / 2}\left(\log \left(\frac{2}{\varepsilon}\right)\right)^{-1} \tag{70}
\end{align*}
$$

where we have used that $d \geq 3$ in the second line of (70). By (64), (66), (67) and (70) we conclude

$$
J_{\alpha}\left(E_{\varepsilon}\right) \geq \frac{d \omega_{d}^{1+\alpha}}{\left(d 2^{d}\right)^{(d \alpha+d-2) /(d-1)}} \varepsilon^{(d-2)(\alpha-1) /(d-1)} \frac{\left(1-\varepsilon^{2}\right)^{1 / 2}}{\log \left(\frac{2}{\varepsilon}\right)}, 0<\varepsilon<1
$$

Hence $J_{\alpha}\left(E_{\varepsilon}\right)$ is not bounded from above since $0<\alpha<1$, and $\varepsilon \in(0,1)$ was arbitrary. This proves the assertion under (ii).

In Proposition 8 we obtain some elementary information on the Newtonian capacity of the Wiener sausage for a compact set $K$ in $\mathbb{R}^{d}$. The notation and construction is as follows. Let $\left(\beta(s), s \geq 0 ; \mathbb{P}_{x}, x \in \mathbb{R}^{d}\right)$ be Brownian motion, that is the Markov process with generator $\Delta$. Here $\mathbb{P}_{x}$ is the law of $\beta(\cdot)$ starting at $x$ with corresponding expectation $\mathbb{E}_{x}$. The Wiener sausage of (time) length $t$ associated to the compact set $K$ is the random set ([15, 1])

$$
W_{t}^{K}=\bigcup_{0 \leq s \leq t}(\beta(s)+K)
$$

Since the Brownian path is continuous a.s. we have that the Wiener sausage up to $t$ is a compact set a.s.

Proposition 8. If $d \geq 5$, and if $K$ is a compact set, then

$$
\begin{equation*}
\limsup _{t \rightarrow \infty} \frac{1}{t} \mathbb{E}_{0}\left(\operatorname{cap}\left(W_{t}^{K}\right)\right) \leq 16 \inf _{c>0} \frac{1}{c^{4}}\left|K_{c}\right| \tag{i}
\end{equation*}
$$

(ii) If $d \geq 5$, and if $K=\overline{B_{\varepsilon}}=\varepsilon \overline{B_{1}}, \varepsilon>0$, then

$$
\limsup _{t \rightarrow \infty} \frac{1}{t} \mathbb{E}_{0}\left(\operatorname{cap}\left(W_{t}^{\overline{B_{\varepsilon}}}\right)\right) \leq \kappa_{d} \frac{(d-2)^{d-2}}{4(d-4)^{d-4}} \varepsilon^{d-4}
$$

In fact the $\limsup _{t \rightarrow \infty}$ in the left-hand side of (71) could be replaced by $\lim _{t \rightarrow \infty}$. See [1, (1.8)]. Proof. To prove the inequality we use classical results going back to 21] and to [15, Theorems $1,2,3]$. These imply that for $d>2$,

$$
\begin{equation*}
\lim _{t \rightarrow \infty} \frac{1}{t} \mathbb{E}_{0}\left(\left|W_{t}^{K}\right|\right)=\operatorname{cap}(K) \tag{72}
\end{equation*}
$$

Since

$$
\left(W_{t}^{K}\right)_{a}=W_{t}^{K_{a}}, a>0
$$

we have

$$
\begin{equation*}
\left|\left(W_{t}^{K}\right)_{a}\right|=\left|W_{t}^{K_{a}}\right|, a>0 \tag{73}
\end{equation*}
$$

and by (4), (72) and (73),

$$
\begin{align*}
\mathbb{E}_{0}\left(\operatorname{cap}\left(W_{t}^{K}\right)\right) & \leq \mathbb{E}_{0}\left(\frac{1}{a^{2}}\left|W_{t}^{K_{a}}\right|\right) \\
& =\frac{1}{a^{2}} \mathbb{E}_{0}\left(\left|W_{t}^{K_{a}}\right|\right) \\
& =\frac{1}{a^{2}} \operatorname{cap}\left(K_{a}\right) t(1+o(1)), t \rightarrow \infty . \tag{74}
\end{align*}
$$

Using (4) once more, for the compact set $K_{a}$, we obtain,

$$
\mathbb{E}_{0}\left(\operatorname{cap}\left(W_{t}^{K}\right)\right) \leq \frac{1}{a^{2}} \frac{1}{b^{2}}\left|K_{a+b}\right| t(1+o(1)), t \rightarrow \infty
$$

Choosing $a=b=\frac{c}{2}$ yields the assertion under (i).
To prove (ii) we use that

$$
\begin{equation*}
\operatorname{cap}\left(\left(\overline{B_{\varepsilon}}\right)_{a}\right)=\kappa_{d}(a+\varepsilon)^{d-2} . \tag{75}
\end{equation*}
$$

This gives by (74) and (75),

$$
\begin{equation*}
\mathbb{E}_{0}\left(\operatorname{cap}\left(W_{t}^{B_{\varepsilon}}\right)\right) \leq \frac{1}{a^{2}} \kappa_{d}(a+\varepsilon)^{d-2} t(1+o(1)) \tag{76}
\end{equation*}
$$

Minimising the right-hand side of (76) with respect to $a$ gives for $d \geq 5$ with $a=\frac{2 \varepsilon}{d-4}$,

$$
\mathbb{E}_{0}\left(\operatorname{cap}\left(W_{t}^{\overline{B_{\varepsilon}}}\right)\right) \leq \kappa_{d} \frac{(d-2)^{d-2}}{4(d-4)^{d-4}} \varepsilon^{d-4} t(1+o(1)), t \rightarrow \infty
$$

This implies the assertion under (ii).
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