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Maximal quantum interaction between free electrons and photons

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The emerging field of free-electron quantum optics enables electron-photon entanglement and holds the potential for generating nontrivial photon states for quantum information processing. Although recent experimental studies have entered the quantum regime, rapid theoretical developments predict that qualitatively unique phenomena only emerge beyond a certain interaction strength. It is thus pertinent to identify the maximal electronphoton interaction strength and the materials, geometries, and particle energies that enable one to approach it. We derive an upper limit to the quantum vacuum interaction strength between free electrons and single-mode photons, which illuminates the conditions for the strongest interaction. Crucially, we obtain an explicit energy selection recipe for electrons and photons to achieve maximal interaction at arbitrary separations and identify two optimal regimes favoring either fast or slow electrons over those with intermediate velocities. We validate the limit by analytical and numerical calculations on canonical geometries and provide near-optimal designs indicating the feasibility of strong quantum interactions. Our findings offer fundamental intuition for maximizing the quantum interaction between free electrons and photons and provide practical design rules for future experiments on electron-photon and electron-mediated photon-photon entanglement. They should also enable the evaluation of key metrics for applications such as the maximum power of free-electron radiation sources and the maximum acceleration gradient of dielectric laser accelerators.

Free-electron-light interaction with structured optical environments leads to photon emission through diverse radiation mechanisms, including Cherenkov radiation, Smith-Purcell radiation, transition radiation, and incoherent cathodoluminescence [1-7]. These interaction processes lie at the heart of modern electron microscopy [1–3], spectroscopy [8], radiation sources [9-12], particle detection [13, 14], freeelectron laser [15], accelerators [16–19], and biomedical imaging [20, 21]. Recent theoretical advances have shown that the quantum-photonic nature of light could become critical for describing the interaction [22, 23]. It was further predicted that the interaction could shape and entangle electron and photon wavefunctions [22, 24-30], and induce entanglement among electrons [22] and photons [31] themselves. The interaction has also been proposed for free-electronic topological probes and quantum simulators [32–34]. Such a wide range of predicted quantum-optical interactions now form the basis of free-electron quantum optics.

With the rapid developments of photon-induced near-field electron microscopy (PINEM) [35–37] on photonic platforms [38–41], the predicted quantum free-electron-light interaction has been realized in a few experiments [42–44]. The crucial parameters for describing these interactions are the dimensionless spontaneous coupling strength g_Q with vacuum and its stimulated counterpart g with external optical fields (g_Q and g are sometimes respectively denoted as β_0 and β in the literature, e.g. Ref. [2, 23, 45]). g_Q can be calculated via the spectral integration of spontaneous electron energy loss [22, 23, 27, 28, 46, 47], and the two parameters relate to each other via $g = \sqrt{N}g_Q$ where N is the number of photons injected into the optical mode from a pump laser [22, 23]. In particular, the vacuum spontaneous processes exhibit intriguing prospects for universal and ultrafast quantum computation and information processing because they can create a variety of highly non-trivial quantum optical states under designed interaction sequences [47, 48] and they are essential for the proposed hybrid free-electron-polariton blockade [49].

The key to these predictions is a strong quantum interaction with $|g_Q| > 1$. Intuitively, this regime indicates that each emitted photon can cycle back to the electron and cause a cascade of multi-photon emission and absorption. Crucially, this strong interaction regime involves higher-order quantum electrodynamics processes and can be understood as inducing a unique type of optical nonlinearity. Strong optical nonlinearities are being pursued in all fields of photonics, with the goal of reaching single-photon nonlinearities. Thus, a question of fundamental importance is whether electron-photon interactions can reach this regime. Answering this question requires an upper bound to the quantum interaction strength g_Q in arbitrary photonic environments.

In this work, we derive universal limits to the quantum interaction strength g_Q between free electrons and singlemode photons and provide analytical and numerical validations. We find that the limits allow for the strong quantum interaction condition $|g_Q| > 1$, which is feasible in near-optimal designs under realistic conditions. Limits for both line and point electrons are obtained for arbitrary geometries, relying only on material electrostatic constants, electron velocity, and electron-structure separation. Intriguingly, the limits produce an explicit criterion for selecting electron and photon energy under certain electron-structure separations and give rise to two optimal interaction regimes, one favoring fast electrons and the other favoring slow electrons. We evaluate the limits across the electromagnetic spectrum and reveal the dichotomy of fast and slow electrons: the former is advantageous for high-energy photons, while the latter predominates towards the long-wavelength regime.



Figure 1. Illustration of the theoretical framework. Schematic of an electron beam with velocity $\beta = v/c$ traveling close to an arbitrary structure at a separated distance d. The structure is defined by material permittivity $\epsilon(\mathbf{r}, \omega)$ within a volume V. The electron (e⁻) can become an entangled state with its emitted photons (ph) through spontaneous or stimulated processes. These quantized emission events are able to be identified via EELS and PINEM, respectively. The inset Feynman diagrams show the corresponding physical processes and represent the interaction between electrons and photons can be described by a spontaneous quantum strength g_Q in EELS and a stimulated quantum strength g in PINEM. The spontaneous quantum interaction strength g_Q relates to the electron-energy-loss spectral density by $|g_Q|^2 = \int \Gamma(\omega) d\omega$, where the integration window $\Delta \omega$ relates to the intended mode(s) that free electrons couple to. The aforementioned interaction can be described by a special scattering matrix "T", which can be decomposed into a set of Drude-Lorentz oscillators with matrix-valued coefficients \mathbb{T}_i .

We begin the analysis by considering an electron beam at normalized velocity $\beta = v/c$, interacting with an arbitrary photonic structure characterized by volume V and material permittivity $\epsilon(\mathbf{r}, \omega)$ in its near field with a separation d, as shown in Fig. 1. Photon exchanges between the electron and the structure can be strongly amplified when the photonic structure supports modes with large spatial and spectral overlap with the electron's excitation field. In the framework of quantum optics, the joint electron (e⁻)-photon (ph) state $|\Psi\rangle = |\psi^e\rangle \otimes |\psi^{ph}\rangle = \sum_{n=0}^{\infty} \sum_{k=-\infty}^{+\infty} c_{n,k} |E_k, n\rangle$ is a superposition state with electron energy $E_0 + k\hbar\omega$ and n photons where n denotes the photonic Fock states and k denotes the electronic energy ladder. For spontaneous processes with an electron of energy E_0 in an empty cavity, the initial state is $|\Psi_i\rangle = |E_0, 0\rangle$, and the final state $|\Psi_f\rangle$ satisfies n = -k by virtue of energy conservation. The initial and final states are related by the scattering matrix, represented as $|\Psi_i\rangle = \hat{S} |\Psi_f\rangle$, which is

given by [22, 23]

$$\hat{S} = \exp\left(g_{\rm Q}\hat{b}^{\dagger}\hat{a} - g_{\rm Q}^{*}\hat{b}\hat{a}^{\dagger}\right),\tag{1}$$

where \hat{a} , \hat{a}^{\dagger} are the annihilation and creation operators of the optical mode; \hat{b} , \hat{b}^{\dagger} denote the ladder operators for electron energy, describing energy exchanges between the electron and the optical mode; and g_Q is the dimensionless electronphoton interaction strength. The strong-coupling regime of $|g_0| > 1$ indicates that one free electron becomes more likely to emit more than one photon and that this electron becomes quantum entangled with these photons. In the limit of vacuum zero field [50], the quantum-optical theory of PINEM coincides with the theory of electron energy loss spectroscopy (EELS), which enables the calculation of g_0 from the spectrally-integrated electron energy loss probability (see SI Sec. S1): $|g_0|^2 = \int \Gamma(\omega) d\omega$ without competing loss mechanisms [27, 28, 46, 47]. In stimulated processes like PINEM, the general quantum framework still holds, whereas one should replace g_0 with the stimulated strength g amplified by the input coherent state amplitude.

To impose a bound on g_Q and g, we treat free electrons interacting with an arbitrary photonic environment as an electromagnetic scattering problem (Fig. 1). Although this scattering perspective has previously led to a single-frequency (zerobandwidth) limit [51], it cannot translate to a g_Q limit straightforwardly because of a divergent material metric for lossless materials. Alternatively, a sum-rule approach can bound nearfield interactions (e.g. power loss from a stationary point dipole) [52, 53], but its applicability to free electrons is hindered by the non-analytic behaviors of their external fields near the complex-plane origin. Recently, a \mathbb{T} -matrix–based oscillator representation framework [54] (where the \mathbb{T} operator relates the polarization fields with incident fields [55, 56]) appears ideal for analyzing free-electron–light scattering.

In the polarization-response representation, the frequencydependent extinction equals the work done by the incident field on the induced polarization field in the scatterer, $P_{\text{ext}}(\omega) = (\omega/2) \operatorname{Im} \int_{V} \mathbf{E}_{\text{inc}}^{*} \cdot \mathbf{P} \, dV$. The polarization response is related to the incident field through a linear operator, the "T matrix" [55]: $\mathbf{P}(\mathbf{r}) = \int_{V} \mathbb{T}(\mathbf{r}, \mathbf{r}') \cdot \mathbf{E}_{inc}(\mathbf{r}') d\mathbf{r}'$, or $\mathbf{p} = \mathbb{T}\mathbf{e}_{inc}$ in vector-matrix notation that we use throughout. Causality and passivity produce a Kramers-Kronig relation and sumrule constraints for the \mathbb{T} matrix. These properties enable the decomposition of the \mathbb{T} matrix into an infinite sum of lossless Drude–Lorentz oscillators with resonance frequency ω_i and highly constrained matrix-valued oscillator strengths \mathbb{T}_i representing the only degrees of freedom [54] (see Sec. S2). Contributions from \mathbb{T}_i at well-separated ω_i originate from different resonances. For reciprocal systems, combining the zerofrequency sum rule, the oscillator representation, and the domain monotonicity of polarizability [52] along the positivefrequency axis yields $\omega \operatorname{Im} \mathbb{T}(\omega) \leq (\pi \tau/2) \sum_{i=1}^{\infty} \omega^2 \mathbb{T}_i \delta(\omega - \omega_i)$, which can reformulate the extinction as

$$P_{\text{ext}}(\omega) \le \frac{\omega^2 \pi \epsilon_0 \tau}{4} \sum_{i=1}^{\infty} \mathbf{e}_{\text{inc}}^{\dagger} \mathbb{T}_i \mathbf{e}_{\text{inc}} \delta(\omega - \omega_i).$$
(2)

The constant τ is a dimensionless electrostatic permittivity coefficient relating the incident and total fields at zero frequency via $\mathbf{P}(0) = \epsilon_0 \tau \mathbf{E}_{inc}(0)$ (ϵ_0 is the vacuum permittivity).

Based on this foundation, we next derive the upper limit to the vacuum strength go of free-electron-photon interaction. Under certain interaction bandwidth described by a dimensionless window function $\Theta(\omega; \omega_0, \Delta \omega) \leq 1$ (peaked at ω_0 with bandwidth $\Delta \omega$), g_0 can be evaluated by integrating the loss probability $\Gamma(\omega) = P_{\text{ext}}(\omega)/\hbar\omega$: $|g_Q|^2 =$ $\int \Gamma(\omega)\Theta(\omega;\omega_0,\Delta\omega) d\omega$. By combining Eq. (2), $|g_0|^2$ becomes

$$\left|g_{\mathsf{Q}}\right|^{2} \leq \frac{\pi\epsilon_{0}\tau}{4\hbar} \operatorname{Tr} \sum_{i=1}^{\infty} \mathbb{T}_{i} \mathbb{E}_{i},\tag{3}$$

a \mathbb{T}_i -weighted sum of $\mathbb{E}_i \equiv \omega_i \mathbf{e}_{inc}(\omega_i) \mathbf{e}_{inc}^{\dagger}(\omega_i) \Theta(\omega_i; \omega_0, \Delta \omega)$ that incorporates the frequency of the emitted photons, the incident field, and the window function. Because $\omega \mathbf{e}_{inc}(\omega) \mathbf{e}_{inc}^{\dagger}(\omega)$ varies much slower than $\Theta(\omega; \omega_0, \Delta \omega)$ under a high-Q interaction scenario ($\omega_0 \gg \Delta \omega$), \mathbb{E}_i also spectrally peaks at ω_0 with negligible detuning. Therefore, setting $\mathbb{T}_i = \mathbb{I}_V$ for the oscillator at ω_0 and zero elsewhere will maximize Eq. (3), which simultaneously satisfies the sum-rule constraint $\sum_{i=1}^{\infty} \mathbb{T}_i = \mathbb{I}_V$, where \mathbb{I}_V is an identity matrix within the scatterer volume V. This mathematically optimal choice corresponds to the physical condition of all of the sum-ruleconstrained polarization responses concentrating within the frequency window of interest.

Applying the single-mode condition at ω_0 to Eq. (3), we get

$$\left|g_{\mathbf{Q}}\right|^{2} \leq \frac{\pi\epsilon_{0}\omega_{0}\tau}{4\hbar} \int_{V} \left|\mathbf{E}_{\mathrm{inc}}(\omega_{0})\right|^{2} \mathrm{d}V. \tag{4}$$

This limit to g_0 thus becomes a simple product among physical constants, photon frequency, electrostatic polarizability, and the integration of the incident fields within the scatterer. We can obtain τ analytically for free electrons with canonical geometries (e.g. $\tau = 2\epsilon_1(\epsilon_2 - 1)/(\epsilon_2 + \epsilon_1)$ for a half-space, and $\tau = \epsilon_1(\epsilon_2 - 1)/\epsilon_2$ for a concentric cylinder, both made of materials ϵ_1 and ϵ_2 , where ϵ_1 and ϵ_2 are electrostatic permittivity of materials 1 and 2, respectively; see Sec. S2.D). Evidently, τ is finite and bounded for both dielectrics and perfect conductors (see Sec. S2.D).

We further obtain shape-independent upper limits for line and point electrons by enclosing arbitrary scatterers with canonical geometries. Assuming translational invariance along one of its transverse directions and the spatial coherence of the source current [57], a line electron beam (sometimes also denoted as "sheet electron beam") is a simplified mathematical treatment used in many free-electron theory analyses [58–62].

Applying Eq. (4) to a line electron beam moving above a half-space (which can enclose an arbitrary scatterer) at a separation d yields a shape-independent limit for 2D line electrons (see Sec. S3):

$$\left|g_{\rm Q}\right|_{\rm 2D}^2 \le \frac{\pi q^2 \tau L}{32\hbar\epsilon_0} \frac{\left(k_{\nu,0}^2 + \kappa_{\rho,0}^2\right)}{\omega_0 \kappa_{\rho,0}} {\rm e}^{-2\kappa_{\rho,0}d},\tag{5}$$

3



Figure 2. Universal behaviors of the quantum interaction strength $|g_Q|^2$. a. Line-electron upper limit Eq. (5) as a function of electron energy and photon energy under a separation distance d = 100 nm. The quantum interaction strength is normalized between 0 and 1 by the maximum $|g_Q|^2_{2D}$, and the white dashed line denotes the cut-off photon energy of the optimal region. b. Photon energy cut-off of line-electron limit Eq. (7) across various separation d. c. Point-electron limit Eq. (6) for d = 100 nm. The white dashed line highlights optimal choices of electron and photon energies. d. The optimal electron and photon energies under different separation d [Eqs.(8) and (9)].

where q is the charge density per unit transverse length, L is the interaction length, and $k_0 = \omega_0/c$, $k_{\nu,0} = \omega_0/v$, $\kappa_{\rho,0} =$ $\sqrt{k_{\nu,0}^2 - k_0^2} = k_0/\beta\gamma$ are the free-space, electron longitudinal and transverse wavevectors of the target photon frequency ω_0 , respectively and $\gamma = 1/\sqrt{1-\beta^2}$ is the Lorentz factor.

Applying Eq. (4) to a point electron moving at the center of a concentric hollow cylinder sector (which can enclose an arbitrary scatterer) of azimuthal opening angle ψ , inner radius d, and outer radius ∞ leads to a shape-independent limit for point electrons (see Sec. S4):

$$\left|g_{Q}\right|_{3\mathrm{D}}^{2} \leq \frac{\alpha\tau\psi L}{4c}\frac{\omega_{0}}{\beta^{2}}\kappa_{\rho,0}dK_{0}(\kappa_{\rho,0}d)K_{1}(\kappa_{\rho,0}d),\tag{6}$$

where α is the fine-structure constant, K_n is the modified Bessel function of the second kind. The limits Eqs. (4)-(6) are the key analytical findings of the paper. They show that the maximum $|g_Q|$ for a target emission center frequency ω_0 is solely determined by the electron velocity (via β and $\kappa_{\rho,0}$), the separation d, and the electrostatic polarizability τ of the optical environment.



Figure 3. $|g_Q|^2$ upper limit at typical photon frequencies across the electromagnetic spectrum. a. Silicon at extreme ultraviolet (EUV) 13.5 nm. b. Silicon at telecommunication 1.55 µm. c. Perfect electric conductor (PEC) at 1 THz. d. PEC at microwave 100 GHz. We vary electron velocities β and fix the interaction length at 100 µm. The black dashed line represents ultra-relativistic 6.8 TeV electrons. The light gray shading indicates the $|g_Q|^2 > 1$ regime.

We illustrate the universal behaviors of the quantum upper limits in Fig. 2 to depict the key features of Eqs. (5) and (6), ignoring the fractional pre-factors comprising physical constants and structural coefficients. This way, we can obtain a general energy selection recipe under arbitrary separations.

For line electrons (Fig. 2a), a photon energy cut-off condition (dashed line in Fig. 2a; Sec. S5) appears:

$$\kappa_{\rho,0}d = \omega_0 d/c\beta\gamma = 0.5,\tag{7}$$

meaning that large $|g_Q|$ is possible and forbidden below and above the cut-off photon energies, respectively, as indicated by the dichotomy of the brightness and darkness to the left and right of the cut-off line in Fig. 2a. As the separation distance reduces, the cut-off line blueshifts in photon energy (Fig. 2b).

For point electrons (Fig. 2c), an optimal condition (dashed line in Fig. 2c and see Sec. S6) illuminates the choice of electron and photon energies to maximize their interaction:

$$K_0(\kappa_{\rho,0}d)K_1(\kappa_{\rho,0}d) = \kappa_{\rho,0}d\left[K_0(\kappa_{\rho,0}d)^2 + K_1(\kappa_{\rho,0}d)^2\right].$$
 (8)

Such an optimal condition is satisfied when

$$\kappa_{\rho,0}d \approx 0.4064,\tag{9}$$

which differs from line electrons' cut-off condition Eq. (7). In particular, two optimal regimes emerge and favor relativistic (top-right brightness in Fig. 2c, ultraviolet 10 eV photons coupled to $\geq 6 \text{ MeV}$ electrons when d = 100 nm) and non-relativistic (bottom-left brightness in Fig. 2c, longinfrared 0.1 eV photons coupled to $\leq 4 \text{ keV}$ electrons when d = 100 nm) electrons, respectively. The former optimal regime aligns with traditional free-electron physics, where high-energy photons are generated with relativistic electrons, whereas the latter optimal regime indicates the huge potential for quantum electron-light interaction with slow electrons, which has been recognized in an early study on multi-plasmon generation in graphene [63] and rapid development is being made in more recent years [51, 62, 64-74]. For intermediate electron energies, the optimal photon energies can be analogously defined using Eq. (8), although the associated limit is

lower than those for the two optima. The two optimal regimes prevail under various separation distances (Fig. 2d).

We next contextualize the discussion by applying the universal feature above to evaluate the feasibility of $|g_0| > 1$ at concrete frequency windows. Under various electron velocities β and separation d, Fig. 3 shows the $|g_Q|^2$ upper limit for point electrons [Eq. (6)] in four technologically relevant regimes, namely, extreme ultraviolet (EUV) (Fig. 3a), near-infrared (Fig. 3b), Terahertz (Fig. 3c), and microwave (Fig. 3d). At the EUV 13.5 nm (Fig. 3a), despite the high limits near the atomic-scale separations (under which quantum tunneling and surface effects can become pronounced and modify the bounds here [75–77]), $|g_Q| > 1$ is almost impossible for $d \ge 10$ nm except with $\beta \ge 0.8$ relativistic electrons. At the telecom 1.55 µm (Fig. 3b), whereas slow electrons' upper limits are higher at tens-of-nanometer or smaller separation, fast electrons with $\beta \ge 0.3$ are superior at $d \ge$ 100 nm, a typical separation in modern grazing-interaction experiments. Towards the longer wavelengths, the advantages of slow electrons are predominant. $|g_Q| > 1$ is only possible for $\beta \leq 0.3$ and $\beta \leq 0.1$ at 1 THz (Fig. 3c) and 100 GHz (Fig. 3d), respectively. Despite the $\ln(\gamma)$ divergence of the limit Eq. (6) in electron energy, the slow-electron advantage remains evident when comparing with electrons of 6.8 TeV (dashed lines in Fig. 3c and d), the current highest acceleration energy [78]. Taken together, the $|g_0| > 1$ goal is indeed challenging for EUV and X-ray photons; nevertheless, slow electrons are promising from electrostatics to the far-infrared, and fast electrons are advantageous from mid-infrared to far ultraviolet; the evaluation is based on the current levels of electron beam collimation and focusing.

We analytically and numerically validate the derived upper limits in Fig. 4a-c. We first consider two analytical scenarios: line (Fig. 4a) and point (Fig. 4b) electron beams pass above a Drude-metal half-space in vacuum and launch surface plasmon polaritons (SPPs). Both cases permit analytical treatment of energy loss (see derivations in Sec. S7) to validate the lineelectron [Eq. (5)] and point-electron [Eq. (6)] upper limits, re-



Figure 4. Validations (a-c) of the theoretical upper limits and near-optimal designs (d-f). a-b. Analytical calculations compared to the upper limits. A line electron (**a**) with charge density $q = 1.6 \times 10^{-19}$ C/nm and a point electron (**b**) interacting with a half space made of air and a Drude metal ($\epsilon_m = 1 - \omega_p^2 / \omega (\omega + i\gamma_m)$, $\omega_p = 9.06 \text{ eV}$, $\gamma_m = 0.071 \text{ eV}$ [79] for gold). **c.** Numerical simulations compared to the upper limits. A point electron moves above a Si-SiO₂ waveguide (thickness 220 nm and width 500 nm) at a distance *d*. **d.** Near-optimal electron-photon coupling design for slow electrons. An air-GaP (Gallium Phosphide) core-shell structure with a 40 nm GaP shell is designed for non-relativistic electrons. The property of polar dielectric GaP is described by a Lorentz oscillator model, $\epsilon_d = \epsilon_{\infty} + \epsilon_{\infty}(\omega_{LO}^2 - \omega_{TO}^2)/(\omega_{TO}^2 - \omega^2 - i\omega\gamma_d)$, where background permittivity $\epsilon_{\infty} = 9.1$ [80], $\gamma_d = 1.25 \text{ meV}$, longitudinal optical ω_{LO} and transverse optical ω_{TO} phonon frequencies are 67.8 meV and 47.1 meV, respectively [81]. **e.** Near-optimal electron-photon coupling design for fast electrons. An air-aluminum core-shell structure with a 13 nm aluminum (AI) [82] shell is used for relativistic electrons. The light gray shows the $|g_Q| > 1$ regime (circles: exact calculations; lines: theoretical upper limit). **f.** The coupling ideality as a function of separation (orange squares: GaP design; green circles: Al design). The interaction length is fixed at 100 µm for all calculations.

spectively. We compute g_Q when electrons excite SPPs at frequency ω_{SPP} that vary under different electron velocities. The definite integral of energy loss is calculated between ($\omega_{SPP} - \gamma_m$) and ($\omega_{SPP} + \gamma_m$) for an interval of two full-width-halfmaximum, where γ_m is simultaneously the intrinsic material loss and the surface plasmon decay rate of the Drude metal (see Sec. S8). In both the 2D and 3D cases, the analytical results closely trail the upper limits at the considered separation. We also numerically validate the upper limit using full-wave simulations of an integrated waveguide setup in Fig. 4c, where an electron passes above a Si waveguide embedded in SiO₂ substrate; the numerical coupling strength g_Q of the fundamental mode of the waveguide falls short of the upper limit for about one order of magnitude.

Finally, we design two near-optimal hollow-core structures (Fig. 4d-f) to verify the two predicted optimal regimes (two bright areas in Fig. 2b) associated with slow and fast electrons, respectively. The core-shell configuration is motivated by the sum-rule constraint constant τ , which is maximum when the largest possible near-field area of a source is occupied by the polarizable material. For the slow-electron optimum, we utilize a Lorentz polar dielectric gallium phosphide (GaP) with

low optical phonon frequencies to allow the coupling between 0.058 eV infrared photons and non-relativistic $\beta = 0.05$ electrons; for the fast-electron optimum, we adopt Aluminium that features a high plasma frequency to achieve an efficient interaction between 8.01 eV ultraviolet photons and $\beta = 0.995$ relativistic electrons. In both cases, $|g_Q| > 1$ is predicted possible by the upper limits and is validated by the slightly trailing concrete designs at the separation 100 nm (dashed vertical lines in Fig. 4d-e) and interaction length 100 µm that are relevant to current electron beam focusing and collimation techniques. In Fig. 4d and e, GaP and Aluminium, two lossy materials, are used primarily to verify the two optimal regimes (Fig. 2c), as their material properties facilitate the coupling of electrons and photons at the desired energy. Alternatively, lossless platforms (e.g. Fig. 4c) can be employed to maintain the entanglement of the interaction.

In addition, Fig. 4f depicts the coupling ideality of the two near-optimal designs as the function of separation. The ideality of the target mode *m* is defined as $I_m = |g_{Qu,m}|^2 / \sum_i |g_{Qu,i}|^2$, which describes the fraction of coupling into the designated mode among excitations of all modes [23, 46]. The ideality of the slow-electron design (Fig. 4d; orange squares in Fig. 4f)

grows monotonically with the considered separation, reaching more than 95% under d > 500 nm due to the dominance of the fundamental mode. Meanwhile, the fast-electron design (Fig. 4e; green circles in Fig. 4f) exhibits a good ideality > 80% for a wide range of separations, including both nearand far-field of the 8.01 eV photon.

In summary, we have theoretically derived a universal upper limit to the quantum interaction strength g_Q between free electrons and single-mode photons. The limit allows us to evaluate the feasibility of achieving the $|g_Q| > 1$ strong interaction condition over all possible designs across the electromagnetic spectrum without exhaustive computational optimization. Under arbitrary separations, the limits identify two optimal interaction regimes, showing how to select electron and photon energy to maximize their interaction. Notably, the g_Q limit developed here can directly translate to a limit for the stimulated strength g, scaled by the coherent state amplitude. There still exists some gap between the limits and the performance of prevalent structures, indicating the potential for further tightening the limits and improving designs to approach them.

The limits derived here hinge on reciprocity, under which the skew-symmetric part of the \mathbb{T} -matrix vanishes, and the sum rule of the real-symmetric part of \mathbb{T} can be applied; it is thus pertinent to seek the generalization of the current limits to nonreciprocal free-electron systems [83-85] and explore the possibility for higher g_0 therein. As the electron-structure separation increases into the far field, electron energy loss undergoes exponential decay, and its spectral composition can become multimodal. This scenario may violate the singlemode condition, decrease the coupling ideality, and cause an apparent breakdown of the limits developed here because the spectral integration of energy loss no longer corresponds to the $|g_Q|^2$ of a particular mode of interest (e.g. when the tail of the zero-loss peak dominates; see Sec. S9). Therefore, it would also be of interest to generalize the present work into the multimodal condition. The findings here offer an intuitive understanding of how to maximize the quantum interaction between free electrons and photons. They also provide practical design guidelines for future experiments that aim to achieve strong entanglement between electrons and photons, as well as photon entanglement mediated by free electrons.

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