# Recoil heating of a dielectric particle illuminated by a linearly polarized plane wave within the Rayleigh regime 

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#### Abstract

We investigate the recoil heating phenomenon experienced by a dielectric spherical particle when it interacts with a linearly polarized plane wave within the Rayleigh regime. We derive the fluctuating force acted upon the particle arising from the fluctuations of the electromagnetic fields. Our derivations reveal that the spectral density of the fluctuating force along the propagation direction is $7 \hbar \omega_{0} P_{\text {scat }} / 5 c^{2}$. Meanwhile, along the direction of the electric and magnetic fields, it is $11 \hbar \omega_{0} P_{\text {scat }} / 5 c^{2}$ and $2 \hbar \omega_{0} P_{\text {scat }} / 5 c^{2}$, respectively. Here, $P_{\text {scat }}$ denotes the power scattered by the particle, $\hbar \omega_{0}$ represents the energy of a photon, and $c$ is the speed of light. Recoil heating imposes fundamental limitations in levitated optomechanics, constraining the minimum temperatures achievable in cooling processes, the coherence time of the system, and the sensitivity of force measurements.


The quantum fluctuations of electromagnetic fields induce a heating mechanism in particle motion, resulting from random momentum transfer during photon scattering [1 44$]$. This phenomenon, referred to as photon recoil heating, sets a fundamental limit on the achievable final temperature in cooling processes [5, 6]. It also imposes constraints on the coherence time and force sensitivity in levitated optomechanical systems 1, 7, 8]. In addition, when a particle interacts with an electromagnetic field, it experiences damping of its motion, referred to as radiation damping [9]. The equilibrium energy of the particle is determined by the balance between recoil heating and radiation damping, as dictated by the fluctuationdissipation theorem [1, 10].

Previous studies have estimated recoil heating by drawing an analogy with shot noise 11, 11]. In this letter, we present a rigorous derivation of recoil heating for a dielectric particle interacting with linearly polarized plane waves within the Rayleigh regime. We calculate the fluctuating force induced to the particle motion due to the quantum fluctuations of the electromagnetic fields. We utilize the quantization of electromagnetic fields within a dissipative medium, which is based on the principles of polarization and magnetization quantum noises 12 14].

Consider a dielectric spherical particle illuminated by a monochromatic plane wave. The plane wave is assumed to be x-polarized and propagating along the z-direction. The electromagnetic fields experienced by the particle can be written as:

$$
\begin{equation*}
\hat{\mathbf{E}}(\mathbf{r}, t)=\frac{E_{0}}{2} \mathbf{e}_{x} e^{i\left(k_{0} z-\omega_{0} t\right)}+\int_{0}^{\infty} \hat{\mathbf{E}}_{N}(\mathbf{r}, \omega) e^{-i \omega t} d \omega+\text { H.c. } \tag{1a}
\end{equation*}
$$

$$
\begin{align*}
\hat{\mathbf{B}}(\mathbf{r}, t)= & \frac{E_{0}}{2 c} \mathbf{e}_{y} e^{i\left(k_{0} z-\omega_{0} t\right)} \\
& +\int_{0}^{\infty} \frac{1}{i \omega} \nabla \times \hat{\mathbf{E}}_{N}(\mathbf{r}, \omega) e^{-i \omega t} d \omega+\text { H.c.. } \tag{1b}
\end{align*}
$$

The first terms in the above expressions represent the incident plane wave, while the second terms are dedicated
to describing the quantum fluctuations of the electromagnetic fields. Here, $\omega_{0}$ and $k_{0}$ represent the angular frequency and wave number of the incident wave, respectively, and $c$ denotes the speed of light.

We assume that the incident wave is in the classical limit, which implies that the fluctuations are identical to those for vacuum. Consequently, the electromagnetic noise is assumed to have a vanishing average and obeys the following correlation relations (12 14]:

$$
\begin{align*}
\left\langle\hat{\mathbf{E}}_{N}(\mathbf{r}, \omega) \hat{\mathbf{E}}_{N}^{\dagger}\left(\mathbf{r}^{\prime}, \omega^{\prime}\right)\right\rangle & =\frac{\hbar \mu_{0} \omega^{2}}{\pi} \operatorname{Im}\left[\mathbf{G}_{0}\left(\mathbf{r}, \mathbf{r}^{\prime}, \omega\right)\right] \delta\left(\omega-\omega^{\prime}\right)  \tag{2a}\\
\left\langle\hat{\mathbf{E}}_{N}^{\dagger}(\mathbf{r}, \omega) \hat{\mathbf{E}}_{N}\left(\mathbf{r}^{\prime}, \omega^{\prime}\right)\right\rangle & =\left\langle\hat{\mathbf{E}}_{N}(\mathbf{r}, \omega) \hat{\mathbf{E}}_{N}\left(\mathbf{r}^{\prime}, \omega^{\prime}\right)\right\rangle \\
& =\left\langle\hat{\mathbf{E}}_{N}^{\dagger}(\mathbf{r}, \omega) \hat{\mathbf{E}}_{N}^{\dagger}\left(\mathbf{r}^{\prime}, \omega^{\prime}\right)\right\rangle=0 \tag{2b}
\end{align*}
$$

Here, $\mathbf{G}_{0}$ represents the dyadic Green's function of the free space 15 .

If the particle is much smaller than the wavelength of the incident wave, it can be modeled as an electric dipole 16 18]. This equivalent dipole moment $\hat{\mathbf{p}}$ can be expressed by:
$\hat{\mathbf{p}}=\frac{E_{0}}{2} \alpha\left(\omega_{0}\right) \mathbf{e}_{x} e^{-i \omega_{0} t}+\int_{0}^{\infty} \alpha(\omega) \hat{\mathbf{E}}_{N}\left(\mathbf{r}_{p}, \omega\right) e^{-i \omega t} d \omega+$ H.c.,
where $\alpha(\omega)$ represents the polarizability of the particle, defined as:

$$
\begin{equation*}
\alpha(\omega)=\frac{\alpha_{0}}{1-i \omega^{3} \alpha_{0} / 6 \pi \epsilon_{0} c^{3}} \tag{4}
\end{equation*}
$$

Here, $\alpha_{0}=4 \pi \epsilon_{0} R_{p}^{3}\left(\epsilon_{p}-1\right) /\left(\epsilon_{p}+2\right)$ is the quasi-static polarizability of the particle, with $R_{p}$ being the particle's radius and $\epsilon_{p}$ being its dielectric constant 18$]$.

The force exerted upon the particle can be calculated from [15, 16]:

$$
\begin{equation*}
\hat{\mathbf{F}}=(\hat{\mathbf{p}} \cdot \nabla) \hat{\mathbf{E}}+\frac{\partial \hat{\mathbf{p}}}{\partial t} \times \hat{\mathbf{B}} \tag{5}
\end{equation*}
$$

This force can be decomposed to two parts: $\hat{\mathbf{F}}=\overline{\mathbf{F}}+\delta \hat{\mathbf{F}}$. The first term, $\overline{\mathbf{F}}$, represents the deterministic part of the force exerted by the incident wave on the particle. Since the incident wave is a plane wave, $\overline{\mathbf{F}}$ is equivalent to the radiation pressure, which is given by:

$$
\begin{equation*}
\overline{\mathbf{F}}=\frac{k_{0} E_{0}^{2}}{2} \operatorname{Im}\left[\alpha\left(\omega_{0}\right)\right] \mathbf{e}_{z} \tag{6}
\end{equation*}
$$

The second term, $\delta \hat{\mathbf{F}}$ stands for the fluctuating force acted upon the particle, which will be discussed in detail in the following.

Fluctuating force along $x$-direction. - As indicated by Eq. 5. the fluctuating force along the x -direction, which aligns with the polarization direction of the incident wave, is given by:

$$
\begin{aligned}
\delta \hat{F}_{x} & =\bar{p}_{x} \int_{0}^{\infty} \partial_{x} \hat{E}_{N_{x}}\left(\mathrm{r}_{p}, \omega\right) e^{-i \omega t} d \omega \\
& +\partial_{z} \bar{E}_{x} \int_{0}^{\infty} \alpha(\omega) \hat{E}_{N_{z}}\left(\mathrm{r}_{p}, \omega\right) e^{-i \omega t} d \omega \\
& +\bar{B}_{y} \int_{0}^{\infty} i \omega \alpha(\omega) \hat{E}_{N_{z}}\left(\mathrm{r}_{p}, \omega\right) e^{-i \omega t} d \omega \\
& + \text { H.c. }
\end{aligned}
$$

where

$$
\begin{gather*}
\bar{p}_{x}=\operatorname{Re}\left[\alpha\left(\omega_{0}\right) E_{0} e^{-i \omega_{0} t}\right],  \tag{8a}\\
\partial_{z} \bar{E}_{x}=\operatorname{Re}\left[\frac{i \omega_{0}}{c} E_{0} e^{-i \omega_{0} t}\right],  \tag{8b}\\
\bar{B}_{y}=\operatorname{Re}\left[\frac{E_{0}}{c} e^{-i \omega_{0} t}\right] . \tag{8c}
\end{gather*}
$$

By utilizing the following relations regarding $\mathbf{G}_{0}$ :

$$
\begin{gather*}
\operatorname{Im}\left[\mathbf{G}_{0}\left(\mathbf{r}_{p}, \mathbf{r}_{p}, \omega\right)\right]=\frac{\omega}{6 \pi c} \mathbf{I}  \tag{9a}\\
\operatorname{Im}\left[\partial_{i} \mathbf{G}_{0}\left(\mathbf{r}_{p}, \mathbf{r}_{p}, \omega\right)\right]=\operatorname{Im}\left[\partial_{i}^{\prime} \mathbf{G}_{0}\left(\mathbf{r}_{p}, \mathbf{r}_{p}, \omega\right)\right]=0 \tag{9b}
\end{gather*}
$$

$\operatorname{Im}\left[\partial_{i} \partial_{j}^{\prime} \mathbf{G}_{0}\left(\mathbf{r}_{p}, \mathbf{r}_{p}, \omega\right)\right]=\frac{\omega^{3}}{15 \pi c^{3}} \delta_{i j} \mathbf{I}-\frac{\omega^{3}}{60 \pi c^{3}}\left(\mathbf{e}_{i} \mathbf{e}_{j}+\mathbf{e}_{j} \mathbf{e}_{i}\right)$,
it can be easily shown that the auto-correlation function of $\delta \hat{F}_{x}$ can be expressed as:

$$
\begin{align*}
& \left\langle\delta \hat{F}_{x}(t) \delta \hat{F}_{x}(t+\tau)\right\rangle= \\
& \quad \frac{\hbar \mu_{0}}{2 \pi} \operatorname{Re}\left[\left|\alpha\left(\omega_{0}\right)\right|^{2} E_{0}^{2} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty} \frac{\omega^{5}}{30 \pi c^{3}} e^{i \omega \tau} d \omega+ \\
& \frac{\hbar \mu_{0}}{2 \pi} \operatorname{Re}\left[\frac{\omega_{0}^{2}}{c^{2}} E_{0}^{2} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty} \frac{\omega^{3}}{6 \pi c}|\alpha(\omega)|^{2} e^{i \omega \tau} d \omega+ \\
& \frac{\hbar \mu_{0}}{2 \pi} \operatorname{Re}\left[\frac{E_{0}^{2}}{c^{2}} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty} \frac{\omega^{5}}{6 \pi c}|\alpha(\omega)|^{2} e^{i \omega \tau} d \omega \tag{10}
\end{align*}
$$

We can now determine the spectral density of $\delta \hat{F}_{x}$ by taking the Fourier transform of its auto-correlation function, defined as follows:

$$
\begin{align*}
S_{F_{x} F_{x}}(\Omega)= & \int_{-\infty}^{+\infty}\left\langle\delta \hat{F}_{x}(t) \delta \hat{F}_{x}(t+\tau)\right\rangle e^{i \Omega \tau} d \tau \\
= & \int_{0}^{+\infty} \int_{-\infty}^{+\infty} \frac{\hbar \mu_{0}}{4 \pi} \alpha_{0}^{2} E_{0}^{2}\left(\frac{\omega^{5}}{5 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) \\
& \times\left[e^{i\left(\omega+\omega_{0}+\Omega\right) \tau}+e^{i\left(\omega-\omega_{0}+\Omega\right) \tau}\right] d \tau d \omega \tag{11}
\end{align*}
$$

It is important to note that we employ the approximation $|\alpha(\omega)|^{2} \simeq \alpha_{0}^{2}$ in deriving the above expression. Evaluating the integral over $\tau$ yields:

$$
\begin{align*}
S_{F_{x} F_{x}}(\Omega)= & \int_{0}^{+\infty} \frac{\hbar \mu_{0}}{2} \alpha_{0}^{2} E_{0}^{2}\left(\frac{\omega^{5}}{5 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) \times  \tag{12}\\
& {\left[\delta\left(\omega+\omega_{0}+\Omega\right)+\delta\left(\omega-\omega_{0}+\Omega\right)\right] d \omega }
\end{align*}
$$

Since the mechanical frequencies are much smaller than the optical frequencies, i.e. $\Omega \ll \omega_{0}$, the spectral density of $\delta \hat{F}_{x}$ can be simplified to:

$$
\begin{equation*}
S_{F_{x} F_{x}}(\Omega) \simeq \frac{11 \hbar \mu_{0} \alpha_{0}^{2} E_{0}^{2} \omega_{0}^{5}}{60 \pi c^{3}}=\frac{11}{5} \frac{\hbar \omega_{0}}{c^{2}} P_{\mathrm{scat}} \tag{13}
\end{equation*}
$$

where $P_{\text {scat }}=\omega_{0}^{4} \alpha_{0}^{2} E_{0}^{2} / 12 \pi \epsilon_{0} c^{3}$ denotes the power scattered by the particle.

Fluctuating force along $y$-direction. - We aim to determine the fluctuating force along the y-direction, which corresponds to the direction of the incident magnetic field. According to Eq. 5, the fluctuating force along the $y$-direction is given by:

$$
\begin{align*}
\delta \hat{F}_{y} & =\bar{p}_{x} \int_{0}^{\infty} \partial_{x} \hat{E}_{N_{y}}\left(\mathrm{r}_{p}, \omega\right) e^{-i \omega t} d \omega \\
& -\frac{\partial \bar{p}_{x}}{\partial t} \int_{0}^{\infty} \frac{1}{i \omega}\left[\partial_{x} \hat{E}_{N_{y}}\left(\mathrm{r}_{p}, \omega\right)-\partial_{y} \hat{E}_{N_{x}}\left(\mathrm{r}_{p}, \omega\right)\right] e^{-i \omega t} d \omega \\
& + \text { H.c.. } \tag{14}
\end{align*}
$$

Upon utilizing the relations in Eq. 9, we can calculate the auto-correlation function of $\delta \hat{F}_{y}$, resulting in

$$
\begin{align*}
& \left\langle\delta \hat{F}_{y}(t) \delta \hat{F}_{y}(t+\tau)\right\rangle= \\
& \quad \frac{\hbar \mu_{0}}{2 \pi} \operatorname{Re}\left[\left|\alpha\left(\omega_{0}\right)\right|^{2} E_{0}^{2} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty} \frac{\omega^{5}}{15 \pi c^{3}} e^{i \omega \tau} d \omega- \\
& \frac{\hbar \mu_{0}}{\pi} \operatorname{Re}\left[i \omega_{0}\left|\alpha\left(\omega_{0}\right)\right|^{2} E_{0}^{2} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty} \frac{i \omega^{4}}{12 \pi c^{3}} e^{i \omega \tau} d \omega+ \\
& \frac{\hbar \mu_{0}}{2 \pi} \operatorname{Re}\left[\omega_{0}^{2}\left|\alpha\left(\omega_{0}\right)\right|^{2} E_{0}^{2} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty} \frac{\omega^{3}}{6 \pi c^{3}} e^{i \omega \tau} d \omega \tag{15}
\end{align*}
$$

Then, we can derive the spectral density of $\delta \hat{F}_{y}$, as follows:

$$
\begin{align*}
S_{F_{y} F_{y}}(\Omega)= & \int_{0}^{+\infty} \int_{-\infty}^{+\infty} \frac{\hbar \mu_{0}}{4 \pi} \alpha_{0}^{2} E_{0}^{2} \times \\
& {\left[\left(\frac{\omega^{5}}{15 \pi c^{3}}+\frac{\omega^{4} \omega_{0}}{6 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) e^{i\left(\omega+\omega_{0}+\Omega\right) \tau}+\right.} \\
& \left.\left(\frac{\omega^{5}}{15 \pi c^{3}}-\frac{\omega^{4} \omega_{0}}{6 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) e^{i\left(\omega-\omega_{0}+\Omega\right) \tau}\right] d \tau d \omega \tag{16}
\end{align*}
$$

If we perform the integration over $\tau$, one obtains:

$$
\begin{align*}
S_{F_{y} F_{y}}(\Omega)= & \int_{0}^{+\infty} \frac{\hbar \mu_{0}}{2} \alpha_{0}^{2} E_{0}^{2} \times \\
& {\left[\left(\frac{\omega^{5}}{15 \pi c^{3}}+\frac{\omega^{4} \omega_{0}}{6 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) \delta\left(\omega+\omega_{0}+\Omega\right)+\right.} \\
& \left.\left(\frac{\omega^{5}}{15 \pi c^{3}}-\frac{\omega^{4} \omega_{0}}{6 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) \delta\left(\omega-\omega_{0}+\Omega\right)\right] d \omega \tag{17}
\end{align*}
$$

Eventually, we can simplify the spectral density of $\delta \hat{F}_{y}$ to

$$
\begin{equation*}
S_{F_{y} F_{y}}(\Omega) \simeq \frac{\hbar \mu_{0} \alpha_{0}^{2} E_{0}^{2} \omega_{0}^{5}}{30 \pi c^{3}}=\frac{2}{5} \frac{\hbar \omega_{0}}{c^{2}} P_{\mathrm{scat}} \tag{18}
\end{equation*}
$$

given that the mechanical frequencies are much smaller than the optical frequency $\omega_{0}$.

Fluctuating force along $z$-direction. - We now aim to derive the fluctuating force along the propagation direction. As indicated by Eq. 5, the fluctuating force along the z -direction is given by:

$$
\begin{align*}
\delta \hat{F}_{z} & =\bar{p}_{x} \int_{0}^{\infty} \partial_{x} \hat{E}_{N_{z}}\left(\mathrm{r}_{p}, \omega\right) e^{-i \omega t} d \omega \\
& +\frac{\partial \bar{p}_{x}}{\partial t} \int_{0}^{\infty} \frac{1}{i \omega}\left[\partial_{z} \hat{E}_{N_{x}}\left(\mathrm{r}_{p}, \omega\right)-\partial_{x} \hat{E}_{N_{z}}\left(\mathrm{r}_{p}, \omega\right)\right] e^{-i \omega t} d \omega \\
& -\bar{B}_{y} \int_{0}^{\infty} i \omega \alpha(\omega) \hat{E}_{N_{x}}\left(\mathrm{r}_{p}, \omega\right) e^{-i \omega t} d \omega \\
& + \text { H.c. } \tag{19}
\end{align*}
$$

Upon using the relations given in Eq. 9 the autocorrelation function of $\delta \hat{F}_{z}$ can be written as:

$$
\begin{align*}
& \left\langle\delta \hat{F}_{z}(t) \delta \hat{F}_{z}(t+\tau)\right\rangle= \\
& \frac{\hbar \mu_{0}}{2 \pi} \operatorname{Re}\left[\left|\alpha\left(\omega_{0}\right)\right|^{2} E_{0}^{2} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty} \frac{\omega^{5}}{15 \pi c^{3}} e^{i \omega \tau} d \omega- \\
& \frac{\hbar \mu_{0}}{\pi} \operatorname{Re}\left[i \omega_{0}\left|\alpha\left(\omega_{0}\right)\right|^{2} E_{0}^{2} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty} \frac{i \omega^{4}}{12 \pi c^{3}} e^{i \omega \tau} d \omega+ \\
& \frac{\hbar \mu_{0}}{2 \pi} \operatorname{Re}\left[\omega_{0}^{2}\left|\alpha\left(\omega_{0}\right)\right|^{2} E_{0}^{2} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty} \frac{\omega^{3}}{6 \pi c^{3}} e^{i \omega \tau} d \omega+ \\
& \frac{\hbar \mu_{0}}{2 \pi} \operatorname{Re}\left[\frac{E_{0}^{2}}{c^{2}} e^{i \omega_{0} \tau}\right] \int_{0}^{\infty}\left|\alpha\left(\omega_{0}\right)\right|^{2} \frac{\omega^{5}}{6 \pi c} e^{i \omega \tau} d \omega \tag{20}
\end{align*}
$$

Subsequently, we can derive the spectral density of $\delta \hat{F}_{z}$ by taking the Fourier transform from its auto-correlation function, resulting in

$$
\begin{align*}
S_{F_{z} F_{z}}(\Omega)= & \int_{0}^{+\infty} \int_{-\infty}^{+\infty} \frac{\hbar \mu_{0}}{4 \pi} \alpha_{0}^{2} E_{0}^{2} \times \\
& {\left[\left(\frac{7 \omega^{5}}{30 \pi c^{3}}+\frac{\omega^{4} \omega_{0}}{6 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) e^{i\left(\omega+\omega_{0}+\Omega\right) \tau}+\right.} \\
& \left.\left(\frac{7 \omega^{5}}{30 \pi c^{3}}-\frac{\omega^{4} \omega_{0}}{6 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) e^{i\left(\omega-\omega_{0}+\Omega\right) \tau}\right] d \tau d \omega \tag{21}
\end{align*}
$$

Upon evaluating the integral over $\tau$, one obtains

$$
\begin{align*}
S_{F_{z} F_{z}}(\Omega)= & \int_{0}^{+\infty} \frac{\hbar \mu_{0}}{2} \alpha_{0}^{2} E_{0}^{2} \times \\
& {\left[\left(\frac{7 \omega^{5}}{30 \pi c^{3}}+\frac{\omega^{4} \omega_{0}}{6 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) \delta\left(\omega+\omega_{0}+\Omega\right)+\right.} \\
& \left.\left(\frac{7 \omega^{5}}{30 \pi c^{3}}-\frac{\omega^{4} \omega_{0}}{6 \pi c^{3}}+\frac{\omega^{3} \omega_{0}^{2}}{6 \pi c^{3}}\right) \delta\left(\omega-\omega_{0}+\Omega\right)\right] d \omega \tag{22}
\end{align*}
$$

which can be further simplified to

$$
\begin{equation*}
S_{F_{z} F_{z}}(\Omega) \simeq \frac{7 \hbar \mu_{0} \alpha_{0}^{2} E_{0}^{2} \omega_{0}^{5}}{60 \pi c^{3}}=\frac{7}{5} \frac{\hbar \omega_{0}}{c^{2}} P_{\text {scat }} \tag{23}
\end{equation*}
$$

since the mechanical frequencies are much smaller than the optical frequency $\omega_{0}$.

Particle dynamics. - The interaction of the particle with the incident wave gives rise to a drag force known as radiation damping, along with a fluctuating force corresponding to recoil heating. Additionally, the presence of a thermal bath induces mechanical damping and thermal noise. Therefore, we can describe the particle motion along the x -direction using the equation:

$$
\begin{equation*}
m \frac{d \hat{v}_{x}}{d t}=-m\left(\Gamma_{m}+\Gamma_{x}\right) \hat{v}_{x}+\hat{F}_{x}+\hat{\xi} \tag{24}
\end{equation*}
$$

where $\hat{F}_{x}$ represents the fluctuating force, satisfying Eq. 13 and $\Gamma_{x}=P_{\text {scat }} / m c^{2}$ is the radiation damping along xdirection [9]. Furthermore, $\Gamma_{m}$ represents the mechanical damping rate, and $\xi$ denotes the thermal noise, satisfying $\left\langle\xi(t) \xi\left(t^{\prime}\right)\right\rangle=2 m \Gamma_{m} k_{B} T \delta\left(t-t^{\prime}\right)$. Here, $m$ denotes the particle mass, $k_{B}$ is the Boltzmann constant, and $T$ represents the ambient temperature 12, 19]. We can now derive the variance of $v_{x}$, resulting in

$$
\begin{equation*}
\left\langle v_{x}^{2}\right\rangle=\frac{2 m \Gamma_{m} k_{B} T+11 \hbar \omega_{0} P_{\text {scat }} / 5 c^{2}}{2 m^{2}\left(\Gamma_{m}+P_{\text {scat }} / m c^{2}\right)} \tag{25}
\end{equation*}
$$

When $\Gamma_{m}$ is much smaller than $P_{\text {scat }} / m c^{2}$, which necessitates ultra-high vacuum, the variance of $v_{x}$ simplifies to $1.1 \hbar \omega_{0} / m$. Under that condition, thermal decoherency is surpassed by recoil heating and radiation damping. Similarly, one can obtain the variance of $v_{y}$ and $v_{z}$, that
resulting in $0.2 \hbar \omega_{0} / m$ and $7 \hbar \omega_{0} / 60 m$, respectively. It should be noted that the radiation damping rate along y and z-directions are given by $\Gamma_{y}=P_{\text {scat }} / m c^{2}$, and $\Gamma_{z}=6 P_{\text {scat }} / m c^{2}$, respectively [9].

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