The corona of a fully convective star with a near-polar flare

E. Ilin^{1,2}, K. Poppenhäger^{1,3}, B. Stelzer⁴ and D. Dsouza^{1,3}

1 Leibniz Institute for Astrophysics Potsdam (AIP), An der Sternwarte 16, 14482 Potsdam, Germany

2 ASTRON, Netherlands Institute for Radio Astronomy, Oude Hoogeveensedijk 4, Dwingeloo, 7991 PD, The Netherlands e-mail: ilin@astron.nl

3 Institute for Physics and Astronomy, University of Potsdam, Karl-Liebknecht-Strasse 24/25, 14476 Potsdam, Germany

⁴ Institut für Astronomie & Astrophysik, Eberhard Karls Universität Tübingen, Sand 1, 72076 Tübingen, Germany

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ABSTRACT

Context. In 2020, the Transiting Exoplanet Survey Satellite (TESS) observed a rapidly rotating M7 dwarf, TIC 277539431, produce a flare at 81° latitude, the highest latitude flare located to date. This is in stark contrast to solar flares that occur much closer to the equator, typically below 30°. The mechanisms that allow flares at high latitudes to occur are poorly understood.

Aims. We studied five Sectors of TESS monitoring, and obtained 36 ks of XMM-Newton observations to investigate the coronal and flaring activity of TIC 277539431.

Methods. From the observations, we infer the optical flare frequency distribution, flare loop sizes and magnetic field strengths, the soft X-ray flux, luminosity and coronal temperatures, as well as the energy, loop size and field strength of a large flare in the XMM-Newton observations.

Results. We find that TIC 277539431's corona does not differ significantly from other low mass stars on the canonical saturated activity branch with respect to coronal temperatures and flaring activity, but shows lower luminosity in soft X-ray emission by about an order of magnitude, consistent with other late M dwarfs.

Conclusions. The lack of X-ray flux, the high latitude flare, the star's viewing geometry, and the otherwise typical stellar corona taken together can be explained by the migration of flux emergence to the poles in rapid rotators like TIC 277539431 that drain the star's equatorial regions of magnetic flux, but preserve its ability to produce powerful flares.

Key words. stars: flares - stars: corona - stars: rotation

1. Introduction

1. Introduction Most M dwarfs hosts terrestrial planets, with a sizable frac-tion orbiting at instellations where liquid water can exist (Dress-ing & Charbonneau 2015; Hardegree-Ullman et al. 2019; Ment & Charbonneau 2023). However, to be habitable in an Earth-like manner, merely the possibility of surface water in its liq-uid form does not suffice. Space weather of the host, that is, the high energy radiation and particles that impact the planet's atmosphere, affect its hospitality for life, particularly for M dwarfs (Airapetian et al. 2020). If the energetic photon or parti-cle flux is too high, the atmosphere may blow off (e.g., Lammer et al. 2003; Garraffo et al. 2017; Ketzer & Poppenhaeger 2022) and water may be lost from the surface (do Amaral et al. 2022). If too low, life may not emerge in the first place (Rimmer et al. 2018).

In M dwarfs, stellar activity evolution on the main sequence unfolds much more slowly than in FGK stars. For the latter, magnetic activity, and with it the flares, winds, coronal mass ejections and energetic particle eruptions that make up their space weather, decline rapidly over a few hundred megayears. A fully convective M dwarf stays highly active for gigayears (Magaudda et al. 2020; Johnstone et al. 2021; Medina et al. 2022). Moreover, the zone where liquid water can reside is much closer to these faint stars. The result is a planet that may be exposed to violent space weather conditions for a good fraction of the age of the universe.

Stellar space weather originates from the stellar corona. The transition from star to brown dwarf is characterized by increasing rotation speed and decreasing coronal emission. At the same time, the observed surge of radio emission at the bottom of the main sequence indicates a transition from stellar corona to planet-like magnetosphere (Zarka 1998; Pineda et al. 2017). Yet, brown dwarfs are regularly detected with energetic flares regardless of their expected low X-ray luminosity (e.g., Stelzer et al. 2006; Gizis et al. 2013; Paudel et al. 2020; Schmidt et al. 2019; Audard et al. 2007; De Luca et al. 2020). How these flares are produced in the apparent absence of a solar-type corona is unclear (Mullan & Paudel 2018).

In Ilin et al. (2021a), we searched fully convective late M dwarfs that mark the transition from star to brown dwarf with TESS (Ricker et al. 2015). We found four flares on four rapidly rotating $(P_{rot} < 10 \text{ h})$ M5-M7 dwarfs that lasted for multiple rotation periods of each star. The flares were observed to rotate in and out of view. The shape of this modulation together with the known inclination (combining $P_{\rm rot}$ and $v \sin i$ from high resolution spectroscopy) allowed us to determine the latitudes of these flares. These flares were found significantly closer to the pole than to the equator, in contrast to the Sun, where flares are usually found below 30° latitude. Our results indicate a preference for flares at high latitudes in these stars, as a chance finding of these latitudes among latitudinally equidistributed flares was unlikely ($\sim 0.1\%$). If flares and associated particle eruptions indeed had a latitude preference, the space weather of a planet in an aligned orbit would be less severe than previously thought.

Table 1. Stellar properties of TIC 277539431.

Parameter	Value
Alternative ID	WISEA J105515.71-735611.3
Spectral type	M7 [1]
Distance d	$13.70 \pm 0.11 \text{ pc} [2]$
Effective temperature $T_{\rm eff}$	2680 ⁶⁰ ₋₅₀ K [3]
Rotation period $P_{\rm rot}$	$273.618 \pm 0.007 \min[1]$
Projected rot. velocity v sin i	38.6 ± 1.0 km/s [1]
Inclination <i>i</i>	$(87.0^{+2.0}_{-2.4})^{\circ}$ [1]
Radius <i>R</i>	$0.145 \pm 0.004 R_{\odot}$ [1]

[1] Ilin et al. (2021a), [2] Bailer-Jones et al. (2018), [3] Pecaut & Mamajek (2013)

Among the studied objects, TIC 277539431, TIC 277 for short, showed the highest latitude flare known to date at \sim 81° (Ilin et al. 2021a, Table 1). It is an M7 dwarf with an extremely short rotation period of 4.56 h. While the fast rotation and late spectral type could be indicative of a diminishing corona, the detection of flares suggests otherwise.

In this work, we follow TIC 277 with XMM-Newton for 36 ks and use optical monitoring from TESS (Section 2) to measure its coronal and flaring properties, respectively (Section 3). We contrast our results (Section 4) with the literature to investigate if TIC 277 behaves like a low mass star or brown dwarf, consider scenarios that can explain the combined observations (Section 5), and summarize our results in Section 6.

2. Observations

2.1. XMM-Newton

XMM-Newton is an X-ray telescope that was launched into orbit in 1999. It was equipped with six science instruments that operate simultaneously, among them the European Photon Imaging Camera with three cameras, PN, MOS1 and MOS2; and the Optical Monitor (OM) that provides near-UV and optical photometry, among other capabilities. We used *XMM-Newton* to observe TIC 277 for 36 ks, i.e. two full rotation periods of the star, on August 5, 2022 (Proposal 090120; PI: E. Ilin). We used the EPIC instruments aboard *XMM-Newton*, i.e., MOS1/2 and PN, that cover the soft X-ray band from 0.2 and up to 12 keV, as well as the OM using its white light filter.

2.1.1. Time series with EPIC and OM

Fig. 1 shows the time series using the combined PN and MOS time series together with the OM light curve. We extracted the events time series from EPIC using XMM SAS version 20^1 using the evselect task in the full 0.2 - 10 keV band. We selected a circular source region with 20 arcsec radius on all detectors, and a circular source-free background region with 120 and 90 arcsec radius in MOS and PN, respectively. We used the epiclccorr task in XMM SAS to correct for energy and time dependent loss of events², and extracted a soft X-ray time series with a time binning of 200 s.

Simultaneously, we used the OM aboard *XMM-Newton* to monitor TIC 277 in its white light filter at 10 s cadence. The OM white light filter is centered on 4060 Å, with an equivalent width

of 3470 Å. In each light curve, OM observed uninterruptedly for 4390 s, followed by a short gap of 318 s before the next one. We used the omfchain in XMM SAS to extract the 8 individual light curves.

2.1.2. EPIC Spectra

For the EPIC observations, we used the standard spectral extraction procedure for point sources, as specified in the *XMM*-*Newton* SAS handbook. We extracted spectra using evselect to select events in the circular event and background regions, epatplot to check for pile-up of multiple photons in one exposure, backscale to calculate the area of the source region, and rmfgen and arfgen to convolve the observed energies with the instrument response, and produce the spectra. Finally, we used grppha to rebin the data in the spectra to obtain at least 15 counts per bin. To produce spectra for the quiescent and flaring portions of the observations separately, we used tabgtigen to select the time intervals to pass to evselect.

2.2. TESS

Since 2018, *TESS* has been supplying publicly available redoptical high-precision time series photometry in an ongoing allsky survey. Each uninterrupted observing Sector provides an approximately 27 d long light curve in a broad 6000-10000 Å band pass.

We used all 5 Sectors of optical monitoring of TIC 277 at a 2 min cadence. Sector 12 was observed in May 2019, Sectors 37 and 39 in April and June 2021, and Sectors 64 and 65 in April and May 2023 (Fig. 2).

3. Methods

In this work, we analyse the coronal properties and flaring behavior of the late M dwarf TIC 277. From the X-ray observations with XMM-Newton, we obtain a soft X-ray spectrum, which we model with two thermal emitter components (Section 3.1). In TESS' optical time series photometry, we remove the variability introduced by the star's rotation, and find and characterize the flares in the de-trended light curves (Section 3.2). XMM-Newton captured a flare simultaneously in both the PN and MOS instruments in X-ray, and marginally the OM instrument in the optical (Fig. 1 and Sections 3.3 and 3.4). We derive its soft X-ray energy using the luminosity derived from the X-ray spectrum, and its bolometric energy from the OM data. For the following comparison between optical and X-ray flaring activity, we also calculate the bolometric energies of the flares detected in TESS (Section 3.5), and estimate the flaring loop size and magnetic field strength of both TESS and XMM-Newton flares (Section 3.6).

3.1. Spectral fitting: EPIC

The stellar corona can be described as an optically thin thermal plasma that consists of multiple temperature components that represent different regions. The number of components one can identify in an X-ray spectrum depends on the brightness of the source. We use XSPEC version 12.12.1 (Arnaud 1996) to fit a two-temperature (2T) additive VAPEC (Smith et al. 2001; Foster et al. 2012) model to the joint PN and MOS spectra, using solar abundances from Grevesse & Sauval (1998), but adjusting to an Fe/O= 0.6 ratio, which is more typical of M dwarfs (Wood

¹ "Users Guide to the *XMM-Newton* Science Analysis System", Issue 18.0, 2023 (ESA: *XMM-Newton* SOC)

² https://heasarc.gsfc.nasa.gov/docs/xmm/sas/help/ epiclccorr/node3.html, accessed on July 3, 2023



Fig. 1. Top panel: *XMM-Newton* Optical Monitor light curve. Bottom panel: Background-subtracted *XMM-Newton* X-ray light curve using the flux in the entire 0.2 – 10 keV range (PN, MOS1 and MOS2 combined). The grey shaded portion defines the flare-only subset of the observations (see Section 3.1 and Table 2). The inset shows the marginal OM flare, with the flare data points marked with red crosses.

et al. 2018). We analyzed both the full data set, and the quiescent and flaring parts separately (see Fig. 1 for the definition of the flare time interval). Neither subset could be adequately fit with a single temperature component (1T), and a 3T model did not improve the fit compared to the 2T-model. In the full data set, we used the bayes method in XSPEC to assign constant priors within the model's hard limits, and sample the uncertainties using the Markov-Chain-Monte-Carlo (MCMC) method using chain for a total of 30000 steps, discarding the first 5000 as the burn-in phase. From the same fit, but using PN data only, we derived the flux F_X and X-ray luminosity L_X in the soft 0.2 - 2 keVband. For the quiescent and flaring portions of the observations, we chose the same procedure, but used Gaussian prior distributions for the two coronal temperatures from the full data set, where we assigned the largest difference between the 50th, and 16th and 84th percentiles as standard deviation.

3.2. Light curve de-trending and flare finding: TESS

We used AltaiPony (Ilin 2021) to de-trend the Pre-search Data Conditioning Simple Aperture Photometry (PDC-SAP) light curves (Fig. 2) using the de-trending function custom_detrending³, detailed in Ilin & Poppenhaeger (2022). The procedure begins with a 3rd order spline fitting of coarse trends, followed by iterative sine fitting to remove rotational modulation, and two Savitzky-Golay filters (Savitzky & Golay 1964) with a 6 h and 3 h window, respectively to remove aperiodic short term trends, while masking potential flare candidates in each step. The masking takes three steps each time. First, all outliers above > 2.5σ are masked. Second, to mask the flare decay, we append the six-fold number of data points masked in the first step to the mask. Third, three adjacent data points before and after the so expanded mask are added to the mask.

In the de-trended light curves, we searched for flare candidates as at least 3 consecutive > 3σ outliers above the noise level. Here the noise level is defined as the rolling standard deviation of the de-trended light curve flux within a 2 h window, filling in the noise level inside the previously masked areas with the mean of the noise levels adjacent to the mask. To the series of outliers, we kept appending data points to the flare candidate until a data point falls below 2σ .

3.3. Light curve de-trending and flare finding: OM

For the OM data, we performed a simplified analysis in order to identify flare candidates. The photometric noise in the OM data is much higher than in the *TESS* light curves, so that the rotational modulation is drowned out. We therefore adopted the median value of each light curve, and searched for series of at least three consecutive positive outliers 3σ above the median. We find one candidate with three data points, shown in the inset in Fig. 1. We call this flare candidate marginal because it only barely passes the threshold. The candidate has in fact a relative amplitude of 1.22, larger than any flare detected in the *TESS* data, but is also much more impulsive, lasting less than a minute, below the 2-min resolution of *TESS*. While the evidence for this event from the OM alone is weak, its timing 12 min before the peak of an X-ray flare lends credibility to this detection (see Section 4.2).

³ see also the documentation online at https://altaipony. readthedocs.io/en/latest/tutorials/detrend.html, accessed on July 3, 2023



Fig. 2. Normalized *TESS* light curves. Black and red dots show the light curve with and without rotational variability and trends, respectively. Blue vertical lines mark the start times of flare candidates in Table 3. The de-trended light curve is offset by 0.2 for better visibility. The large, rotationally modulated, flare, localized at about 81° latitude presented by Ilin et al. (2021a), appears in the second half of the top panel (Sector 12).

3.4. EPIC flare detection

In the EPIC light curve, we applied the same approach to finding flares as for OM (Section 3.3), because we did not find any rotational modulation in EPIC either. We found one flaring event that stood out. In addition to the data points 3σ or more above the median level, we count several data points towards the flare before and after to make sure that flaring and quiescent portions of the light curve are clearly separated (see shaded region in Fig. 1).

3.5. Flare energies: TESS, OM, and EPIC

The OM data contain one marginal flare that we interpret as associated with the large X-ray flare shortly after (inset in Fig. 1). In the TESS light curves, we found a total of 18 flares. To assess the flaring activity of TIC 277, we computed the bolometric energies for both the OM and the *TESS* flares.

For the OM flare, we used the median flux of the light curve as the quiescent flux F_0 , against which we measured the equiv-

alent duration (*ED*) of the flare, i.e., the flare flux F_{flare} , divided by F_0 , integrated over the flare duration (Gershberg 1972):

$$ED = \int \mathrm{d}t \, \frac{F_{\mathrm{flare}}(t)}{F_0}.$$
 (1)

We then converted the *ED* to flare energy using the bolometric flare energy following the procedure in Shibayama et al. (2013). We used the throughput curve for the white light filter scaled to unity at the peak of transmission as an optimistic response curve $R_{\lambda,OM}$, given that the degradation of this filter's response is poorly constrained⁴. From that, we extracted a ratio f_{OM} of stellar to flare flux of $1.4 \cdot 10^{-4}$ for a 10000 K blackbody flare:

$$f_{\rm OM} = \frac{\int R_{\lambda,\rm OM} B_{\lambda(T_{\rm eff})} d\lambda}{\int R_{\lambda,\rm OM} B_{\lambda(T_{\rm flare})} d\lambda}$$
(2)

A flare temperature of $T_{\text{flare}} = 10000 \text{ K}$ is a typical approximation for energetic M dwarf flares (Kowalski et al. 2013; Howard et al. 2020), but deviations towards both hotter and cooler temperatures have been observed in the past, which further increases the uncertainty on our energy estimate (Kowalski 2024, and references therein). With the ratio f_{OM} , we can calculate the bolometric flare energy as:

$$E_{\text{flare}} = ED \cdot \pi R^2 \cdot \sigma_{\text{B}} T_{\text{eff}}^4 \cdot f_{\text{OM}},\tag{3}$$

where $\sigma_{\rm B}$ is the Stefan-Boltzmann constant. We note that due to the optimistic response curve assumption, the resulting $E_{\rm flare}$ is likely higher in reality.

Analogously to Eq. 2 for the OM flare, we used the *TESS* response curve to obtain a flux ratio f_{TESS} of $6.3 \cdot 10^{-3}$ in the optical filter of *TESS*, and convert *ED* to bolometric flare energy using Eq. 3. Besides the *ED*, AltaiPony also yields start and end time, defined as the first and last data point above the flare detection criterion defined in Section 2.2; and relative amplitude *a*, for each flare.

For the X-ray flare energy, we multiply flare duration Δt , that is, the difference between start and end time, by the flare luminosity in the EPIC data. The flare luminosity is equal to the difference between the quiescent and flaring X-ray luminosities in the 0.2 - 2.0 keV band, i.e.:

$$E_{X,\text{flare}} = \left(L_{X,\text{flaring}} - L_{X,\text{quiescent}} \right) \cdot \Delta t \tag{4}$$

3.6. Flare loop sizes and magnetic field strengths

Lacking spatial resolution of the stellar disk, we cannot directly measure the flare loop sizes and magnetic field strengths from either X-ray or optical observations. However, we can apply scaling relations based on solar observations (Shibata & Yokoyama 2002; Namekata et al. 2017b) that use X-ray and optical flare diagnostics as proxies.

Shibata & Yokoyama (2002) derived scaling relations for the magnetic field strength and loop size from solar soft X-ray observations (their Eqns. 7a and 7b):

$$B = 50 \left(\frac{EM}{10^{48} \,\mathrm{cm}^{-3}}\right)^{-0.2} \left(\frac{n_0}{10^9 \,\mathrm{cm}^{-3}}\right)^{0.3} \left(\frac{T}{10^7 \,\mathrm{K}}\right)^{1.7} \,\mathrm{[G]} \tag{5}$$

$$L = 10^{9} \left(\frac{EM}{10^{48} \,\mathrm{cm}^{-3}}\right)^{0.6} \left(\frac{n_{0}}{10^{9} \,\mathrm{cm}^{-3}}\right)^{-0.4} \left(\frac{T}{10^{7} \,\mathrm{K}}\right)^{-1.6} \,\mathrm{[cm]}$$
(6)

We also follow Maehara et al. (2021), who estimate the magnetic field strengths and flaring loop sizes for the OM and *TESS* flares based on the relation between flare *e*-folding time τ and bolometric energy E_{flare} derived from the magnetic reconnection model, and calibrated on solar flares in Namekata et al. (2017b), who themselves use the scaling relations in Shibata & Yokoyama (2002). Namekata et al. (2017b) argue that the *e*-folding time τ is similar to the magnetic field reconnection time, and that the flare energy E_{flare} is similar to the magnetic energy stored in the active region where the flare occurs. Using their Eqns. 9 and 10, we obtain:

$$\tau = 3.5 \left(\frac{E_{\text{flare}}}{1.5 \cdot 10^{30} \,\text{erg}} \right)^{1/3} \left(\frac{B}{57 \,\text{G}} \right)^{-5/3} \,[\text{min}] \tag{7}$$

Using the approximation that the flare energy is proportional to the magnetic energy stored in the flaring volume, i.e., $E_{\text{flare}} \propto B^2 L^3$ (Shibata et al. 2013), we can rephrase the $\tau - E_{\text{flare}}$ relation in Eq. 7 in terms of the size of the flaring region, which should be of the order of the loop size, i.e.:

$$\tau = 3.5 \left(\frac{E_{\text{flare}}}{1.5 \cdot 10^{30} \,\text{erg}}\right)^{-1/2} \left(\frac{L}{2.4 \cdot 10^9 \,\text{cm}}\right)^{-5/2} \,[\text{min}] \tag{8}$$

4. Results

In this work, we use the *XMM-Newton* and *TESS* observations to constrain the coronal and flaring properties of TIC 277. We derive its coronal temperature and luminosity from the EPIC spectrum (Section 4.1). We also measure the flare energies in X-rays from the EPIC instruments, and in optical from the OM, and compare them to the flare frequency distribution obtained from the 18 detected flares in *TESS* (Section 4.2). Finally, we estimate the flaring loop sizes and magnetic field strengths of the *XMM-Newton* and *TESS* flares using scaling relations based on solar observations (Section 4.3).

4.1. Coronal temperature and luminosity

From the *XMM-Newton* EPIC spectra, we measured the coronal properties of TIC 277 in both its quiescent, and flaring states (Table 2). The resulting fit for the full data set (Fig. 3) consists of a cooler and a hotter component of about $3.3^{+0.3}_{-0.4}$ MK and $13.1^{+2.0}_{-1.4}$ MK, respectively. Assuming these temperatures for the prior distribution, we also fitted 2T VAPEC models to the flaring and quiescent portions of the observations separately. The coronal temperatures did not change significantly using either subset. However, the emission measure weighted mean temperature T_{mean} changed from 6.5 MK in the quiescent spectrum to 11.3 MK in the flaring spectrum, when the hot component became dominant during the flare. From the quiescent PN spectra, we then also calculated the X-ray flux of $F_X = (6.3 \pm 0.4) \times 10^{-14} \,\mathrm{erg} \,\mathrm{cm}^{-2} \,\mathrm{s}^{-1}$, and luminosity $L_X = (4.56 \pm 0.62) \times 10^{26} \,\mathrm{erg} \,\mathrm{s}^{-1}$ in the soft 0.2 – 2.0 keV band.

We note that not using the full set of observations as the prior resulted in an unconstrained hot coronal component during the flare, which could be due to a lack of X-ray flux above 5 keV.

⁴ XMM-Newton User's Handbook 3.5.3.1, https:// xmm-tools.cosmos.esa.int/external/xmm_user_support/ documentation/uhb/omfilters.html, accessed Aug 8, 2023

Table 2. XSPEC fits to EPIC spectra for different subsets of observations. Fluxes and luminosities are given in the 0.2 - 2 keV band.

	full data set	quiescent	flaring
$L_X [10^{26} \text{ erg s}^{-1}]$	5.5[0.3]	4.6[0.6]	14.1[1.0]
$F_X [10^{-14} \text{ erg s}^{-1} \text{ cm}^{-2}]$	2.5[0.1]	2.0[0.3]	6.3[0.4]
$T_{\rm cool}$ [MK]	$3.3^{0.3}_{-0.4}$	$3.2^{0.2}_{-0.3}$	$3.4^{0.3}_{-0.4}$
$T_{\rm hot}$ [MK]	$13.1_{-1.4}^{2.0}$	$12.4_{-1.5}^{1.8}$	$13.1_{-1.3}^{1.6}$
$10^6 \text{ norm}_{\text{cool}}$	$8.0^{1.0}_{-1.1}$	$7.2^{0.8}_{-0.8}$	$7.5^{3.1}_{-3.2}$
10 ⁶ norm _{hot}	$6.6^{0.9}_{-0.9}$	$3.9^{0.8}_{-0.7}$	$32.5_{-5.5}^{-5.5}$
$\log_{10} EM_{\text{cool}} \text{ [cm}^{-3}\text{]}$	49.3[0.1]	49.2[0.1]	49.2[0.2]
$\log_{10} EM_{\rm hot} [\rm cm^{-3}]$	49.2[0.1]	48.9[0.1]	49.9[0.1]
T_{mean} [MK]	7.8[0.9]	6.5[0.8]	11.3[1.4]



Fig. 3. Time-averaged *XMM-Newton* EPIC spectra. The top panel shows the spectra taken with the different EPIC instruments (data points with error bars) together with the best-fit two-temperature VAPEC model with Fe/O= 0.6 for the full data set (solid lines). The bottom panel shows the residuals to the fit.

4.2. Flares

In *TESS*, we found a total of 18 flares in the five Sectors, or equivalently, 125 days of observing at 2-min cadence. We fit the flare frequency distribution (FFD) with a power law of the form

$$f(E)dE = \beta \cdot E^{-\alpha}dE.$$
(9)

following the procedure in Ilin et al. (2021b), implemented as FFD.fit_powerlaw using the *mcmc* argument in AltaiPony (Ilin 2021), which is using the posterior distribution derived in Wheatland (2004), and sampling the posterior distribution with the emcee package (Foreman-Mackey et al. 2013).

The FFD power law fit converged after 13,500 steps on a slope $\alpha = -1.86^{+0.18}_{-0.21}$. The frequency $R_{31.5}$, that is the frequency of flares per day above $\log_{10} E_{\text{flare}} [\text{erg}] = 31.5$ is $\log_{10} R_{31.5} = -0.94 \text{ d}^{-1}$. The slope is typical of other flaring stars, regardless of spectral type and rotation period (see, e.g., Fig. 13 of Ilin et al. 2021b). $R_{31.5}$ is typical of flaring M dwarfs, including late M dwarfs in the saturated activity regime, where $R_{31.5}$

Table 3. Flares detected with *TESS.* t_s is the starting time of the flare, *a* is its relative amplitude, and E_{flare} is the bolometric energy assuming a 10000 K blackbody emission from the flare.

<i>t</i> _s [BJD - 2457000]	а	$E_{\text{flare}} [10^{31} \text{ erg}]$	Sector
1641.543564	0.185181	26.2 [0.5]	12
1641.811615	0.265880	257.6 [1.5]	12
2309.566699	0.162635	3.7 [0.2]	37
2315.952947	0.047461	2.3 [0.2]	37
2322.628060	0.117076	15.3 [0.4]	37
2324.937816	0.071603	4.4 [0.3]	37
2368.939146	0.167062	4.9 [0.2]	39
3046.245679	0.074594	2.5 [0.2]	64
3054.812486	0.266024	5.7 [0.2]	64
3057.356968	0.309830	10.4 [0.2]	64
3066.700102	0.163675	3.8 [0.1]	64
3070.290403	0.111329	4.7 [0.2]	65
3073.764022	0.091546	15.7 [0.5]	65
3074.900134	0.378347	11.0 [0.1]	65
3078.414016	0.167239	5.1 [0.2]	65
3081.055673	0.240892	11.0 [0.2]	65
3083.080666	0.044786	4.4 [0.3]	65
3086.430649	0.185751	8.7 [0.2]	65

becomes independent of rotation period (Medina et al. 2020; Murray et al. 2022).

For the X-ray flare in Fig. 1, we obtain a total energy of $(4.7 \pm 2.2) \times 10^{30}$ erg in the 0.2 – 2.0 keV band by inserting the quiescent and flaring luminosities (Table 2), and $\Delta t = 4.5$ ks (see Fig. 1) into Eq. 4. With Eq. 2, we find an energy of $(3.7 \pm$ $(0.7) \times 10^{30}$ erg for the corresponding OM flare. We use the 36 ks observing baseline of XMM-Newton to calculate a flare rate in OM based on the detection of this single event. Fig. 4 illustrates that the OM flare rate is roughly consistent, if slightly higher, than the extension of TESS' FFD to lower energies. Assuming a 1:1 correspondence between optical and X-ray flares, about one flare per day with energies of the order of the observed one or above can therefore be expected in future X-ray observations of TIC 277, based on the TESS FFD. However, usually, not all optical flares have X-ray counterparts (Paudel et al. 2021), and those that do show order of magnitude variable ratios of optical vs. X-ray energy (Guarcello et al. 2019; Kuznetsov & Kolotkov 2021; Joseph et al. 2024), implying that XMM-Newton flare rates between $0.1 - 10 d^{-1}$ are possible for TIC 277.

The (marginal) OM flare precedes the soft X-ray flare, which is typical of flares that show the Neupert effect (Neupert 1968). This timing suggests that we observed the same event at two different wavelengths. The Neupert criterion states that the peak of the non-thermal radio emission should coincide with the moment of fastest rise in the thermal soft X-ray emission. As radio monitoring is rarely available for stellar flare observations, blueoptical and near ultraviolet have been used as proxies (Hawley et al. 1995, 2003). Many M dwarf flares follow the Neupert effect (e.g. Guedel et al. 1996; Stelzer et al. 2022a), others deviate from it (Hawley et al. 1995; Osten et al. 2005), either not showing the time delay at all (non-Neupert flares), or a time delay inconsistent with the Neupert criterion (quasi-Neupert flares, Tristan et al. 2023). In our data, the peak of the blue-optical flare peak precedes the X-ray peak by 12 min, overlapping with the fast rise phase of the soft X-ray flare. This suggests that this flare is a true Neupert flare, but the time resolution is too low to discriminate this instance from a potential quasi-Neupert case. Finally, we note that the X-ray flare light curve follows the typical



Fig. 4. Cumulative flare frequency distribution of *TESS* flares (black dots), with a power law fit (green line), and uncertainties (dotted lines). The rate of OM flares (gray square) is calculated from the observing baseline of *XMM-Newton*. The flare energies are corrected for the pass bands of *TESS* and OM, i.e., given as bolometric flare energies (see Section 3.5).

fast-rise exponential decay shape, and is therefore unlikely to be eclipsed by the star despite its fast rotation.

4.3. Flare loop sizes and magnetic field strengths

Based on the flare parameters obtained from EPIC, OM and *TESS*, we estimated the flaring loop magnetic field strength B and loop size L using the scaling relations introduced in Section 3.6.

For the EPIC flare, we use Eq. 5 to obtain the magnetic field strength, and Eq. 6 to derive the loop size from the flaring *EM* and T_{hot} , assuming flaring coronal densities $n_0 = 10^{11}, 10^{12}$, and 10^{13} cm^{-3} (Table 4), with the lower two values being typical of main-sequence M dwarfs with measured coronal species abundances (Güdel 2004; Liefke et al. 2010), and the latter only found in accreting T Tauri stars (Stelzer & Schmitt 2004).

For the optical OM and TESS flares, we follow Namekata et al. (2017b); Maehara et al. (2021), and use Eqns. 7 and 8 to overlay the relation between *e*-folding time τ and bolometric flare energy E_{flare} with a range of possible values for B and L. We fit an exponential function to all TESS flares and the OM flare, fixing the amplitude of the exponential decay to 5% within the peak amplitude of the flare, and the start of the exponential decay to within 5 min or 20 s of the peak time of the flare in TESS and OM, respectively. Figure 5 shows that τ and E_{flare} are correlated. The TESS flares appear compatible with magnetic field strengths between 30 G and 250 G, similar to other active M dwarfs (Karmakar et al. 2021; Notsu et al. 2024). Their loop sizes are between $3 \cdot 10^9$ cm and $2 \cdot 10^{10}$ cm, that is roughly $0.3 - 2R_*$, except for the energetic high-latitude flare, for which we estimated the energy and e-folding time from the underlying, rotationally unmodulated flare (Ilin 2021), and that yields a loop size of around $5 \cdot 10^{10}$ cm, or $5 R_*$. The OM flare extends the trend of the *TESS* flares to lower energies with a magnetic field strength of 250 G and a loop size of 10^9 cm, or $0.1 R_*$. This result is compatible with the results for the EPIC flare for loop number densities between 10^{11} cm^{-3} and 10^{12} cm^{-3} (see Table 4).

Table 4. Magnetic field strength B and loop size L of the EPIC flare, derived from Eqns. 7 and 8, respectively (see Section 4.3).

$n_0 [\rm cm^{-3}]$	10^{11}	10^{12}	10^{13}
<i>B</i> [G]	133	266	531
$L[R_*]$	0.13	0.05	0.02



Fig. 5. Flare decay *e*-folding time τ vs. flare energy E_{flare} for the OM flare, and the *TESS* flares. The dashed and dotted lines show the $\tau - E_{\text{flare}}$ relations from Eqns. 7 and 8, for different loop magnetic field strengths and loop sizes, respectively. For comparison, we show the *TESS* flares of the active M4 dwarf YZ CMi (Maehara et al. 2021) and a range of nearby M dwarfs from *TESS* with large flares (Ramsay et al. 2021).

All scaling laws used here make assumptions about the state of the corona, e.g., the loop electron density (Shibata & Yokoyama 2002), and the flare model, e.g., the magnetic reconnection model (Namekata et al. 2017b). It is encouraging that the *XMM-Newton* flare yields similar results for both EPIC and OM data, but the results for the *TESS* flares should be interpreted cautiously, and rather differentially with other flare studies with the same method (Maehara et al. 2021) than as absolute values.

5. Discussion

TIC 277's spectral type and rotation places it in the middle of the transition from star to brown dwarf. Our findings indicate that TIC 277's coronal temperature (Section 5.1), flaring activity (Section 5.2), and flare loop sizes and magnetic fields (Section 5.3) are typical of saturated fully convective M dwarf stars. However, TIC 277 is rotating rapidly, even for the typically fast rotating late M dwarfs (Medina et al. 2022). This combination could lead to an unusual manifestation of the stellar dynamo that produces high latitude flares (Weber & Browning 2016; Weber et al. 2023). TIC 277 is fainter in X-ray by about an order of magnitude than earlier-type M dwarfs on the canonical saturated branch (Magaudda et al. 2022b), which, in combination with the detection of a high latitude flare, may be an indication of polar updraft migration that is suspected to occur in rapid rotators (Section 5.4).

5.1. Coronal temperature

Low mass stars' coronae are not uniform. Magnetic structures create a range of temperatures, starting at about 1 MK, and rising up to 30 MK in flares, in the heterogeneous Solar corona (Vaiana & Rosner 1978). Stellar point source X-ray observations are a superposition of various temperatures and densities. The resolution of different temperature components depends on the apparent brightness and integration time of the spectrum. Nearby stars like Proxima Cen can be modeled with a range of temperatures (e.g., Güdel et al. 2004; Drake et al. 2020), while one can often only capture a single or a few dominant temperatures in fainter objects.

We find that the XMM-Newton observations of the quiescent corona of TIC 277 are best described by two temperature components, similar to many other active M dwarfs. Assuming that TIC 277 produces flares below the detection threshold of XMM-Newton that contribute to the temperature makeup of the quiescent corona, the presence of a second, hot component is consistent with the standard picture for stellar flares (Wargelin et al. 2008; Robrade et al. 2010; Behr et al. 2023; Magaudda et al. 2022b). Both the cooler and the hotter component represent thermal radiation from hot plasma that evaporates from the chromosphere into the corona. The dominance of the hot component during the flare combined with the observed Neupert effect (see Section 4.2) is evidence that this component is driven by particles precipitating downward during flares that then heat the chromosphere to high temperatures, and cause evaporation into the coronal flaring loops. In addition, quiescent heating through other sources under debate, such as Alfvén waves or nanoflares (Benz 2016), are present at a constant level represented by the cool component.

The range of 6.5 - 11 MK for the emission measure weighted temperature of TIC 277 places it squarely in the saturated regime with other mid M dwarfs down to spectral type M6 (Wright et al. 2018; Magaudda et al. 2020; Stelzer et al. 2022b; Robrade & Schmitt 2005; Raassen et al. 2003; Paudel et al. 2021; Foster et al. 2020). Flares on the slowly rotating Proxima Cen (M5.5, $P_{\rm rot} = 83$ d, Anglada-Escudé et al. 2016), appear with a range of temperatures at 2-3 MK and 10-20 MK (Güdel et al. 2004; Fuhrmeister et al. 2011, 2022; Howard et al. 2022). Its X-ray luminosity (Haisch et al. 1990) and flaring activity (Howard et al. 2018; Medina et al. 2020) place it in the transition region between saturated and unsaturated regimes. Only at rotation periods beyond 100 days, stellar activity declines to yield coronal temperatures < 2 MK in M3-M6 dwarfs (Wright et al. 2018; Foster et al. 2020).

There are only few late M dwarfs beyond spectral type M6 with a spectrally resolved corona. Their intrinsic faintness and gradual decline in coronal emission toward the brown dwarf regime make them hard to detect (Berger et al. 2010; Cook et al. 2014; Stelzer et al. 2022b). One example is NLTT 33370 AB. This M7 binary with a rotation period of about 3.8 h (close to TIC 277's 4.56 h, and of the same spectral type) is composed of a 3.1 MK and 14 MK component (Williams et al. 2015). Another is TRAPPIST-1 (M8, $P_{rot} = 3.3$ d, Luger et al. 2017). Its corona appears cooler, with a 1.74 MK and a 9.6 MK component (Wheatley et al. 2017), and an emission measure weighted temperature of 5.36 MK (Brown et al. 2023).

Bearing in mind the relatively low two-temperature resolution of TIC 277's X-ray spectrum and the dearth of X-ray spectra for stars at the bottom of the main sequence, it shows a coronal temperature make-up common for mid-to-late M dwarfs in the saturated activity regime, which it will possibly keep for gigayears until it spins down to very low rotation rates (Medina et al. 2022; Engle & Guinan 2023).

5.2. Flaring activity

TIC 277's flare rate is consistent with other saturated fully convective dwarfs (Medina et al. 2020; Murray et al. 2022), and so is the energy distribution with a power law slope of $-1.86^{+0.18}_{-0.21}$. It is in fact comparable to TRAPPIST-1's flaring behavior (Paudel et al. 2018), which has been investigated for its effects on the seven terrestrial planets in its orbit.

TIC 277's rapid rotation, and UV flux hint at a younger age than TRAPPIST-1, which is likely a field star (Burgasser & Mamajek 2017; Birky et al. 2021; Gonzales et al. 2019). TIC 277 has not been attributed to any moving group so far (Schneider & Shkolnik 2018), and the number of late M dwarfs with independently measured age and rotation is too small to infer age based on rotation alone (Engle & Guinan 2023). Interpreting the upcoming observations of TRAPPIST-1 e, one of the rocky planets in the habitable zone of the system, with the James Webb Space Telescope will most likely involve its activity history. Studies of its younger counterparts, late M dwarfs like TIC 277, are required to empirically constrain cumulative effects of atmospheric forcing of planets. If its energetic flares commonly occur at high latitudes (Ilin et al. 2021a), future models of energetic particle exposure of habitable zone planets may have to include age dependent latitudes of particle eruption to reproduce observations.

5.3. Flare loop sizes and magnetic field strength

The *XMM-Newton* flare emitted an energy of $(4.7 \pm 2.2) \times 10^{30}$ erg, comparable to that of energetic solar flares, and the loop size derived from both EPIC and OM is within their range of $10^8 - 10^{10}$ cm (Aschwanden et al. 2015; Namekata et al. 2017a). The *TESS* flares show loop sizes between 0.3 and 5 R_* , consistent with M dwarf flares with similar energies (Schmitt & Liefke 2002; Stelzer et al. 2006; Karmakar et al. 2021; Stelzer et al. 2022a; Ramsay et al. 2021; Notsu et al. 2024; Guarcello et al. 2019; Doyle et al. 2022).

The *XMM-Newton* flare observations suggest a magnetic field strength around 150 - 250 G from both the EPIC and OM data, stronger than the fields of solar coronal loops which are typically below 100 G (Namekata et al. 2017a). However, solar flares have shown higher field strengths up to 350 G in high spatial resolution spectropolarimetric and radio observations, suggesting that lower resolution underestimates the field strength (Kuridze et al. 2019; Yu et al. 2020). Since the scaling relations used in this work are based on the older solar flare measurements, the estimates we derived may be too low by up to a factor of five (Kuridze et al. 2019).

In a differential comparison, the magnetic field strengths of 30 - 250 G of the *TESS* flares follow the trend of other activity saturated early to mid M dwarfs (Fig. 5, Ramsay et al. 2021; Maehara et al. 2021). For late M dwarfs like TIC 277, only few estimates of flare loop sizes and field strengths exist in the literature (Schmitt & Liefke 2002; Stelzer et al. 2006), which are consistent with our results, but there are no such estimates for flare energies below 10^{31} erg.

Overall, TIC 277's flare loop sizes and field strengths appear consistent with those of active M dwarfs of similar energies. However, we cannot say if other late M dwarfs behave similarly in the low energy range of the *XMM-Newton* flare. Late M dwarf flares at energies below 10^{31} erg have been reported (e.g., Paudel et al. 2018; Howard et al. 2022; Petrucci et al. 2024), but we leave the worthwhile exercise of estimating their loop lengths and field strengths to future work.

5.4. X-ray luminosity

TIC 277's coronal luminosity relative to bolometric luminosity of $L_X/L_{bol} = (0.9 \pm 0.1) \times 10^{-4}$ in quiescence is about an order of magnitude lower than the canonical $L_X/L_{bol} \sim 10^{-3}$ average in the saturated regime of partly and fully convective M dwarfs (Wright et al. 2011; Wright & Drake 2016; Wright et al. 2018). However, recent studies limited to low-mass M dwarfs $(M_* \sim 0.15 - 0.3 M_{\odot})$ have shown that the saturation level is near $L_X/L_{\rm bol} \approx 10^{-3.5}$ (Magaudda et al. 2022a) On the contrary, in a sample of late-M dwarfs investigated with eROSITA L_X/L_{bol} appears to increase towards later spectral types (Stelzer et al. 2022b). However, these detections are likely to be attributed to flares and, thus, not representative for the average X-ray emission level of late-M dwarfs. While TIC 277 appears at the lower end of the L_X/L_{bol} distribution with respect to that sample, and similar previous work (Stelzer et al. 2012; Cook et al. 2014; De Luca et al. 2020; Williams et al. 2014; Berger et al. 2008), the latest eROSITA study on a well-defined sample of nearby late-M to early-L dwarfs has shown that rapidly rotating late M dwarfs display a broad range of X-ray luminosities centered around $L_X/L_{bol} \approx 10^{-4}$ placing TIC 277 in the center of their distribution (Magaudda et al. 2024).

At late-M spectral types, a decline in coronal activity is expected as the magnetosphere transitions from a stellar to a planetary one (Pineda et al. 2017). A decline in X-ray activity is expected as a result of decreasing efficiency of coronal heating (e.g., Mohanty et al. 2002; Williams et al. 2014). However, the flaring activity and coronal temperature of TIC 277 and similar late-M dwarfs show that the corona is still capable of producing flares. For the specific case of the rapidly rotating TIC 277, polar updraft migration (Stepień et al. 2001) could at the same time explain the decline in X-ray luminosity and the occurrence of a high latitude flare observed by TESS. Polar updraft migration implies that at high rotation rates, flux emergence becomes more efficient near the poles than at the equator (Yadav et al. 2015; Weber & Browning 2016) producing flares there, but draining the equatorial regions of magnetic flux required to produce a corona at low latitudes. As a result, the X-ray luminosity diminishes. Since TIC 277 is seen nearly equator-on (Table 1), polar updraft migration could explain its fainter corona. Considering the high-latitude flare, viewing geometry, star-like flaring behavior and star-like coronal temperatures together, we suggest this scenario as an alternative to the brown dwarf transition explanation, that would invoke a diminishing corona due to the overall cooler, more neutral atmosphere.

6. Summary and Conclusions

We investigated whether TIC 277, a rapidly rotating M7 dwarf that exhibited a flare localized at 81° latitude, shows coronal or flaring properties that could explain the occurrence of this flare so close to the rotational pole. We obtained 36 ks of EPIC and OM observations with *XMM-Newton*, and studied the five Sectors of red-optical 27-day light curves provided by *TESS*. We found a mean quiescent coronal temperature of 6.5 MK, and a flaring rate $f(> \log_{10} E_{\text{flare,bol}} = 31.5 \text{ erg}) \approx -0.94 \text{ d}^{-1}$ with an energy distribution with a slope of $-1.86^{+0.18}_{-0.21}$, all typical of M dwarfs in the saturated regime. We also detected a simultaneous X-ray and optical flare with an energy of $(4.7 \pm 2.2) \times 10^{30}$ erg in the 0.2 - 2 keV band, and bolometric energy of $(3.7 \pm 0.7) \times$ 10^{30} erg from the OM observations. In combination with the 18 detected *TESS* flares, we estimate that X-ray flares on TIC 277 can be observed with *XMM-Newton* at least about once a day.

We used scaling relations to estimate the loop sizes and magnetic fields of the flares, and found mutually consistent fields of 30 - 250 G and loop lengths ranging from $0.1R_*$ for the low energy XMM-Newton flare to $5R_*$ for the giant, high latitude TESS flare. Similar values have been reported for activity saturated M dwarfs in the literature, except for the XMM-Newton flare, which extends the duration-energy relation to more impulsive and less energetic flares. An indication of an unusual corona stems from its X-ray luminosity relative to bolometric luminosity $L_X/L_{bol} = (0.9 \pm 0.1) \times 10^{-4}$. It is an order of magnitude lower than the canonical value for saturated activity M dwarfs, but representative of late M dwarfs of spectral type M7 and later. TIC 277 is an extremely rapid rotator with a rotation period of only 4.56 h. The detected high-latitude flare in TESS (Ilin et al. 2021a) may hence be a product of high-latitude flux emergence driven by its fast rotation (Weber & Browning 2016; Weber et al. 2017). The low X-ray luminosity and the high-latitude flare taken together with the star's fast rotation, saturated flaring activity, and equator-on viewing angle could be explained by polar updraft migration, which suppresses coronal emission in equatorial regions, and confines the corona and flaring regions to near-polar latitudes (Stepień et al. 2001).

Overall, less than ten flare latitudes on stars other than the Sun are known to date (Wolter et al. 2008; Ilin et al. 2021a; Johnson et al. 2021). Localization of more flares on the surfaces of a broader range of stars will allow us to resolve if polar updraft migration indeed occurs in these stars.

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Data Availability

All data used in this study are publicly available in their respective archives, i.e., the Mikulski Archive for Space Telescopes (MAST) for *TESS*, and the *XMM-Newton* Science Archive. The scripts used to produce the figures in the git repository on GitHub are available at: github.com/ekaterinailin/tic277paper. The data analysis scripts can be found under github.com/ekaterinailin/tic277.

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